

## Spezielles→Schnell und einfach

ID: 33, Häufigkeit: 43283/168867

### Typisch

| ID    | Zutat                               | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------------------|-------|-------|-------|
| 4966  | Kartoffelsalat (BOI)                | 6     | 6     | 1,964 |
| 10145 | HENGLEIN Kartoffelnudeln (BOI)      | 3     | 3     | 1,964 |
| 10156 | Henglein Kartoffelpuffer-teig (BOI) | 1     | 1     | 1,964 |
| 14124 | Lassi (BOI)                         | 2     | 2     | 1,964 |
| 14317 | Überraschungsei(er) (BOI)           | 1     | 1     | 1,964 |

### Untypisch

| ID    | Zutat              | $C_c$ | $C_f$ | PMI    |
|-------|--------------------|-------|-------|--------|
| 302   | Ente(n) (BOI)      | 1     | 157   | -5,331 |
| 7516  | Pökelsalz (BOI)    | 2     | 142   | -4,186 |
| 3164  | Rinderbraten (BOI) | 4     | 260   | -4,058 |
| 11255 | Lammkeule(n) (BOI) | 1     | 63    | -4,013 |
| 14318 | Frischhefe (BOI)   | 2     | 124   | -3,990 |

## Zubereitungsarten→Backen

ID: 66, Häufigkeit: 43208/168867

### Typisch

| ID    | Zutat                 | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------|-------|-------|-------|
| 12982 | Wildhefe (BOI)        | 1     | 1     | 1,967 |
| 8753  | Fruchtmolke (BOI)     | 1     | 1     | 1,967 |
| 14712 | Siedewürstchen (BOI)  | 1     | 1     | 1,967 |
| 14759 | Pizzen (BOI)          | 1     | 1     | 1,967 |
| 15239 | Yufka-Teigblatt (BOI) | 1     | 1     | 1,967 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 761  | Penne (BOI)        | 1     | 631   | -7,335 |
| 1672 | Roulade(n) (BOI)   | 1     | 319   | -6,351 |
| 7279 | Pasta (BOI)        | 1     | 276   | -6,142 |
| 3164 | Rinderbraten (BOI) | 1     | 260   | -6,056 |
| 3996 | Geflügelfond (BOI) | 2     | 448   | -5,841 |

## Menüart→Hauptspeise→Gemüse

ID: 114, Häufigkeit: 37089/168867

### Typisch

| ID    | Zutat                                   | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------------|-------|-------|-------|
| 14759 | Pizzen (BOI)                            | 1     | 1     | 2,187 |
| 15244 | Veggie-Speck (BOI)                      | 1     | 1     | 2,187 |
| 15243 | Gundelrebe (BOI)                        | 1     | 1     | 2,187 |
| 14329 | HENGLEIN frischer Flammkuchenteig (BOI) | 1     | 1     | 2,187 |
| 14564 | Zitronenbasilikum (BOI)                 | 1     | 1     | 2,187 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI     |
|------|----------------------|-------|-------|---------|
| 555  | Vanillezucker (BOI)  | 3     | 16645 | -10,251 |
| 1518 | Puddingpulver (BOI)  | 1     | 4555  | -9,966  |
| 918  | Gelierzucker (BOI)   | 1     | 1837  | -8,656  |
| 4059 | Vanillinzucker (BOI) | 2     | 3501  | -8,587  |
| 1349 | Eierlikör (BOI)      | 1     | 1205  | -8,048  |

## Spezielles→Ernährungskonzepte→Vegetarisch

ID: 39, Häufigkeit: 35316/168867

### Typisch

| ID    | Zutat                                   | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------------|-------|-------|-------|
| 15244 | Veggie-Speck (BOI)                      | 1     | 1     | 2,257 |
| 15243 | Gundelrebe (BOI)                        | 1     | 1     | 2,257 |
| 14329 | HENGLEIN frischer Flammkuchenteig (BOI) | 1     | 1     | 2,257 |
| 15052 | Butter und Mehl für das Blech (BOI)     | 1     | 1     | 2,257 |
| 15506 | ofenfeste Form (BOI)                    | 1     | 1     | 2,257 |

### Untypisch

| ID   | Zutat                 | $C_c$ | $C_f$ | PMI    |
|------|-----------------------|-------|-------|--------|
| 498  | Fischfilet(s) (BOI)   | 1     | 2170  | -8,826 |
| 285  | Schweinefleisch (BOI) | 1     | 1180  | -7,947 |
| 655  | Lachsfilet(s) (BOI)   | 2     | 1216  | -6,990 |
| 1651 | Steak(s) (BOI)        | 1     | 596   | -6,962 |
| 1769 | Fisch (BOI)           | 1     | 545   | -6,833 |

## Zubereitungsarten→Methoden→Kochen

ID: 164, Häufigkeit: 30235/168867

### Typisch

| ID    | Zutat               | $C_c$ | $C_f$ | PMI   |
|-------|---------------------|-------|-------|-------|
| 14204 | Dinkelmilch (BOI)   | 1     | 1     | 2,482 |
| 15301 | Fleischersatz (BOI) | 1     | 1     | 2,482 |
| 14968 | Yamswurzel(n) (BOI) | 1     | 1     | 2,482 |
| 14690 | Sobanudeln (BOI)    | 1     | 1     | 2,482 |
| 15046 | Pinkelwürste (BOI)  | 1     | 1     | 2,482 |

### Untypisch

| ID   | Zutat                     | $C_c$ | $C_f$ | PMI    |
|------|---------------------------|-------|-------|--------|
| 2098 | Kuchenglasur (BOI)        | 1     | 1242  | -7,797 |
| 1351 | Schokodekor (BOI)         | 1     | 384   | -6,103 |
| 406  | Backpulver (BOI)          | 94    | 22319 | -5,410 |
| 9372 | Weinsteinbackpulver (BOI) | 2     | 400   | -5,162 |
| 1550 | Tortenboden (BOI)         | 5     | 836   | -4,904 |

## Zubereitungsarten→Gemüse

ID: 77, Häufigkeit: 24457/168867

### Typisch

| ID    | Zutat               | $C_c$ | $C_f$ | PMI   |
|-------|---------------------|-------|-------|-------|
| 14204 | Dinkelmilch (BOI)   | 1     | 1     | 2,788 |
| 15301 | Fleischersatz (BOI) | 1     | 1     | 2,788 |
| 14968 | Yamswurzel(n) (BOI) | 1     | 1     | 2,788 |
| 14690 | Sobanudeln (BOI)    | 1     | 1     | 2,788 |
| 15046 | Pinkelwürste (BOI)  | 1     | 1     | 2,788 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 1757 | Tortenguss (BOI)     | 1     | 1344  | -7,605 |
| 986  | Sahnesteif (BOI)     | 3     | 2826  | -7,092 |
| 4059 | Vanillinzucker (BOI) | 5     | 3501  | -6,664 |
| 528  | Marzipan (BOI)       | 2     | 1254  | -6,505 |
| 7708 | Kakao (BOI)          | 1     | 611   | -6,467 |

## Backen & Süßspeisen→Kuchen

ID: 48, Häufigkeit: 21449/168867

### Typisch

| ID    | Zutat                              | $C_c$ | $C_f$ | PMI   |
|-------|------------------------------------|-------|-------|-------|
| 12982 | Wildhefe (BOI)                     | 1     | 1     | 2,977 |
| 8753  | Fruchtmolke (BOI)                  | 1     | 1     | 2,977 |
| 2741  | FUCHS Vanillezucker (BOI)          | 2     | 2     | 2,977 |
| 10411 | Persipanrohmasse (BOI)             | 1     | 1     | 2,977 |
| 15206 | Vanille-Mandel-Puddingpulver (BOI) | 1     | 1     | 2,977 |

### Untypisch

| ID  | Zutat                | $C_c$ | $C_f$ | PMI    |
|-----|----------------------|-------|-------|--------|
| 197 | Schalotte(n) (BOI)   | 1     | 4751  | -9,237 |
| 368 | Nudeln (BOI)         | 2     | 6466  | -8,682 |
| 162 | Lorbeerblätter (BOI) | 1     | 3093  | -8,618 |
| 31  | Champignons (BOI)    | 3     | 8155  | -8,432 |
| 93  | Sojasauce (BOI)      | 2     | 5388  | -8,419 |

## Saisonal→Sommer

ID: 55, Häufigkeit: 19935/168867

### Typisch

| ID    | Zutat                 | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------|-------|-------|-------|
| 7379  | Spillinge (BOI)       | 1     | 1     | 3,083 |
| 14690 | Sobanudeln (BOI)      | 1     | 1     | 3,083 |
| 14923 | Tofuwurstchen (BOI)   | 1     | 1     | 3,083 |
| 10960 | Patros Natur (BOI)    | 1     | 1     | 3,083 |
| 15601 | Brühe, gekörnte (BOI) | 1     | 1     | 3,083 |

### Untypisch

| ID   | Zutat                    | $C_c$ | $C_f$ | PMI    |
|------|--------------------------|-------|-------|--------|
| 6867 | Sauerteig (BOI)          | 1     | 362   | -5,417 |
| 1639 | Lebkuchen (BOI)          | 1     | 198   | -4,547 |
| 1428 | Rosenkohl (BOI)          | 3     | 573   | -4,495 |
| 9655 | Brotgewürzmischung (BOI) | 1     | 183   | -4,433 |
| 908  | Zitronat (BOI)           | 3     | 546   | -4,425 |

## Spezielles→Party

ID: 119, Häufigkeit: 19585/168867

### Typisch

| ID    | Zutat                                              | $C_c$ | $C_f$ | PMI   |
|-------|----------------------------------------------------|-------|-------|-------|
| 11594 | Meerfenchel (BOI)                                  | 1     | 1     | 3,108 |
| 15289 | Flusskrebsfleisch (BOI)                            | 1     | 1     | 3,108 |
| 14359 | Grünländer Chili & Paprika von der Käsetheke (BOI) | 1     | 1     | 3,108 |
| 14142 | Kühne Deluxe Chipotle Chili (BOI)                  | 1     | 1     | 3,108 |
| 14249 | Grünländer Mild & Nussig (BOI)                     | 1     | 1     | 3,108 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 1634 | Orangeat (BOI)     | 1     | 520   | -5,914 |
| 918  | Gelierzucker (BOI) | 8     | 1837  | -4,735 |
| 3448 | Wildfond (BOI)     | 1     | 210   | -4,606 |
| 2241 | Quitte(n) (BOI)    | 1     | 189   | -4,454 |
| 1881 | Lamm (BOI)         | 1     | 159   | -4,205 |

## Zubereitungsarten→Methoden→Braten

ID: 69, Häufigkeit: 19532/168867

### Typisch

| ID    | Zutat                    | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------|-------|-------|-------|
| 15332 | Sandwichbrötchen (BOI)   | 1     | 1     | 3,112 |
| 14805 | Burger Patties (BOI)     | 4     | 4     | 3,112 |
| 14923 | Tofuwürstchen (BOI)      | 1     | 1     | 3,112 |
| 15403 | Orangenblütenhonig (BOI) | 1     | 1     | 3,112 |
| 4082  | Kaisergranat(e) (BOI)    | 2     | 2     | 3,112 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 986  | Sahnesteif (BOI)     | 1     | 2826  | -8,353 |
| 2098 | Kuchenglasur (BOI)   | 1     | 1242  | -7,166 |
| 4057 | Schokostreusel (BOI) | 1     | 923   | -6,738 |
| 918  | Gelierzucker (BOI)   | 2     | 1837  | -6,731 |
| 2422 | Kaffeepulver (BOI)   | 1     | 772   | -6,480 |

## Menüart→Hauptspeise→Schwein

ID: 15, Häufigkeit: 18745/168867

### Typisch

| ID    | Zutat                          | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------------|-------|-------|-------|
| 15332 | Sandwichbrötchen (BOI)         | 1     | 1     | 3,171 |
| 15446 | iglo Gartenkräuter (BOI)       | 1     | 1     | 3,171 |
| 15445 | iglo Rahm-Gemüse Wirsing (BOI) | 1     | 1     | 3,171 |
| 15458 | Debrecziner Würstchen (BOI)    | 1     | 1     | 3,171 |
| 15010 | Rosenkohlröschen (BOI)         | 1     | 1     | 3,171 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI     |
|------|----------------------|-------|-------|---------|
| 555  | Vanillezucker (BOI)  | 1     | 16645 | -10,851 |
| 759  | Erdbeeren (BOI)      | 1     | 3367  | -8,546  |
| 4059 | Vanillinzucker (BOI) | 2     | 3501  | -7,602  |
| 1349 | Eierlikör (BOI)      | 1     | 1205  | -7,064  |
| 905  | Himbeeren (BOI)      | 2     | 2180  | -6,919  |

## Zubereitungsarten→Snacks und kleine Gerichte

ID: 83, Häufigkeit: 16165/168867

### Typisch

| ID    | Zutat                              | $C_c$ | $C_f$ | PMI   |
|-------|------------------------------------|-------|-------|-------|
| 15332 | Sandwichbrötchen (BOI)             | 1     | 1     | 3,385 |
| 15446 | iglo Gartenkräuter (BOI)           | 1     | 1     | 3,385 |
| 15445 | iglo Rahm-Gemüse Wirsing (BOI)     | 1     | 1     | 3,385 |
| 14671 | Tacoschale(n) (BOI)                | 1     | 1     | 3,385 |
| 15386 | Almette Balance Schnittlauch (BOI) | 1     | 1     | 3,385 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 918  | Gelierzucker (BOI) | 1     | 1837  | -7,458 |
| 986  | Sahnesteif (BOI)   | 4     | 2826  | -6,080 |
| 1793 | Konfekt (BOI)      | 1     | 628   | -5,910 |
| 2098 | Kuchenglasur (BOI) | 2     | 1242  | -5,894 |
| 1349 | Eierlikör (BOI)    | 2     | 1205  | -5,850 |

## Saisonal→Herbst

ID: 56, Häufigkeit: 15764/168867

### Typisch

| ID    | Zutat             | $C_c$ | $C_f$ | PMI   |
|-------|-------------------|-------|-------|-------|
| 14936 | Tempuramehl (BOI) | 1     | 1     | 3,421 |
| 14935 | Shisokresse (BOI) | 1     | 1     | 3,421 |
| 14930 | Kirschsirup (BOI) | 1     | 1     | 3,421 |
| 12428 | Erbswurst (BOI)   | 1     | 1     | 3,421 |
| 15253 | Erbsenpüree (BOI) | 1     | 1     | 3,421 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 1670 | Rhabarber (BOI)    | 1     | 960   | -6,486 |
| 759  | Erdbeeren (BOI)    | 6     | 3367  | -5,711 |
| 469  | Spargel (BOI)      | 6     | 2219  | -5,110 |
| 590  | Maracujasaft (BOI) | 1     | 332   | -4,954 |
| 2319 | Rote Grütze (BOI)  | 1     | 199   | -4,215 |

## Spezielles→Raffiniert & preiswert

ID: 34, Häufigkeit: 15423/168867

### Typisch

| ID    | Zutat                     | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------|-------|-------|-------|
| 9272  | Melde (BOI)               | 3     | 3     | 3,453 |
| 5521  | Weidenröschen (BOI)       | 1     | 1     | 3,453 |
| 14616 | Paprikapfeffer (BOI)      | 1     | 1     | 3,453 |
| 4079  | Spanisches Olivenöl (BOI) | 1     | 1     | 3,453 |
| 9265  | Nigari (BOI)              | 1     | 1     | 3,453 |

### Untypisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI    |
|-------|-------------------------|-------|-------|--------|
| 12166 | Sonnenblumenöl (BOI)    | 1     | 978   | -6,481 |
| 11254 | Eiswürfel (BOI)         | 1     | 528   | -5,592 |
| 13590 | Muskatnuss (BOI)        | 1     | 437   | -5,319 |
| 11327 | Räucherlachs (BOI)      | 1     | 373   | -5,090 |
| 13796 | Rinderhackfleisch (BOI) | 1     | 312   | -4,833 |

## Menüart→Dessert

ID: 19, Häufigkeit: 13282/168867

### Typisch

| ID    | Zutat                 | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------|-------|-------|-------|
| 14930 | Kirschsirup (BOI)     | 1     | 1     | 3,668 |
| 15187 | Orangenblütenöl (BOI) | 1     | 1     | 3,668 |
| 15488 | Apfelschorle (BOI)    | 1     | 1     | 3,668 |
| 14849 | Grießbrei (BOI)       | 2     | 2     | 3,668 |
| 11806 | Bionade (BOI)         | 1     | 1     | 3,668 |

### Untypisch

| ID   | Zutat                     | $C_c$ | $C_f$ | PMI    |
|------|---------------------------|-------|-------|--------|
| 80   | Tomatenmark (BOI)         | 1     | 9131  | -9,488 |
| 5675 | Knoblauchzehe(n)<br>(BOI) | 2     | 16681 | -9,358 |
| 34   | Hackfleisch (BOI)         | 1     | 7501  | -9,205 |
| 35   | Paprikapulver (BOI)       | 2     | 12846 | -8,981 |
| 882  | Schinken (BOI)            | 1     | 5673  | -8,802 |

## Menüart→Hauptspeise→Pasta & Nudel

ID: 13, Häufigkeit: 12560/168867

### Typisch

| ID    | Zutat                          | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------------|-------|-------|-------|
| 13454 | Tortiglioni (BOI)              | 11    | 11    | 3,749 |
| 15301 | Fleischersatz (BOI)            | 1     | 1     | 3,749 |
| 14480 | Haselnussblättchen (BOI)       | 1     | 1     | 3,749 |
| 15458 | Debrecziner Würstchen<br>(BOI) | 1     | 1     | 3,749 |
| 15288 | Gnocchi-Nudeln (BOI)           | 1     | 1     | 3,749 |

### Untypisch

| ID   | Zutat            | $C_c$ | $C_f$ | PMI    |
|------|------------------|-------|-------|--------|
| 406  | Backpulver (BOI) | 12    | 22319 | -7,112 |
| 123  | Eis (BOI)        | 1     | 1647  | -6,937 |
| 1885 | Kuvertüre (BOI)  | 2     | 3040  | -6,821 |
| 2001 | Aroma (BOI)      | 1     | 1441  | -6,744 |
| 982  | Amaretto (BOI)   | 1     | 1350  | -6,650 |

## Saisonal→Winter

ID: 57, Häufigkeit: 12485/168867

### Typisch

| ID    | Zutat                    | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------|-------|-------|-------|
| 15301 | Fleischersatz (BOI)      | 1     | 1     | 3,758 |
| 14480 | Haselnussblättchen (BOI) | 1     | 1     | 3,758 |
| 15288 | Gnocchi-Nudeln (BOI)     | 1     | 1     | 3,758 |
| 15197 | Eierspätzle (BOI)        | 1     | 1     | 3,758 |
| 15187 | Orangenblütenöl (BOI)    | 1     | 1     | 3,758 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 1670 | Rhabarber (BOI)    | 1     | 960   | -6,149 |
| 469  | Spargel (BOI)      | 3     | 2219  | -5,773 |
| 759  | Erdbeeren (BOI)    | 7     | 3367  | -5,152 |
| 590  | Maracujasaft (BOI) | 1     | 332   | -4,617 |
| 1717 | Brombeeren (BOI)   | 1     | 317   | -4,551 |

## Menüart→Hauptspeise→Rind

ID: 14, Häufigkeit: 12086/168867

### Typisch

| ID    | Zutat                        | $C_c$ | $C_f$ | PMI   |
|-------|------------------------------|-------|-------|-------|
| 4894  | iglo Rosenkohl-Röschen (BOI) | 1     | 1     | 3,804 |
| 14496 | Rinderknochen (BOI)          | 3     | 3     | 3,804 |
| 14774 | Frankfurter Würstchen (BOI)  | 2     | 2     | 3,804 |
| 15182 | Tafelspitz (BOI)             | 2     | 2     | 3,804 |
| 15065 | Knackwurst (BOI)             | 2     | 2     | 3,804 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI     |
|------|---------------------|-------|-------|---------|
| 555  | Vanillezucker (BOI) | 1     | 16645 | -10,218 |
| 1885 | Kuvertüre (BOI)     | 1     | 3040  | -7,765  |
| 783  | Kirsche(n) (BOI)    | 1     | 1667  | -6,899  |
| 982  | Amaretto (BOI)      | 1     | 1350  | -6,594  |
| 1349 | Eierlikör (BOI)     | 1     | 1205  | -6,430  |

## Zubereitungsarten→Frucht

ID: 75, Häufigkeit: 11864/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 14773 | Kalbsbratwürste (BOI)             | 1     | 1     | 3,831 |
| 14380 | Bratlinge (BOI)                   | 1     | 1     | 3,831 |
| 15187 | Orangenblütenöl (BOI)             | 1     | 1     | 3,831 |
| 14142 | Kühne Deluxe Chipotle Chili (BOI) | 1     | 1     | 3,831 |
| 15355 | Aprikosenessig (BOI)              | 2     | 2     | 3,831 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 761  | Penne (BOI)        | 1     | 631   | -5,470 |
| 1192 | Pfifferlinge (BOI) | 1     | 587   | -5,366 |
| 377  | Steinpilze (BOI)   | 1     | 562   | -5,303 |
| 586  | Wurst (BOI)        | 2     | 997   | -5,130 |
| 3047 | Würste (BOI)       | 1     | 468   | -5,039 |

## Menüart→Salat→Gemüse

ID: 163, Häufigkeit: 10440/168867

### Typisch

| ID    | Zutat                     | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------|-------|-------|-------|
| 14681 | Erdbeeressig (BOI)        | 3     | 3     | 4,016 |
| 15408 | Ananasfruchtfleisch (BOI) | 1     | 1     | 4,016 |
| 14953 | Cranberryessig (BOI)      | 2     | 2     | 4,016 |
| 14683 | Johannisbeeressig (BOI)   | 6     | 6     | 4,016 |
| 15465 | Europagrass (BOI)         | 1     | 1     | 4,016 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 1618 | Schokolade (BOI)     | 1     | 7052  | -8,768 |
| 770  | Kakaopulver (BOI)    | 1     | 6696  | -8,693 |
| 406  | Backpulver (BOI)     | 6     | 22319 | -7,845 |
| 918  | Gelierzucker (BOI)   | 1     | 1837  | -6,827 |
| 4059 | Vanillinzucker (BOI) | 2     | 3501  | -6,758 |

## Menüart → Hauptspeise → Kartoffeln

ID: 155, Häufigkeit: 10144/168867

### Typisch

| ID    | Zutat                                | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------------------|-------|-------|-------|
| 15482 | McCain Gemüse-Rösti (BOI)            | 1     | 1     | 4,057 |
| 12854 | HENGLEIN Kartoffel-Gnocchi (BOI)     | 2     | 2     | 4,057 |
| 14467 | Kalbskarree(s) (BOI)                 | 2     | 2     | 4,057 |
| 15450 | Kalbsrücken (BOI)                    | 1     | 1     | 4,057 |
| 14716 | HENGLEIN Kloßteig Seidenknödel (BOI) | 1     | 1     | 4,057 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 1518 | Puddingpulver (BOI)  | 1     | 4555  | -8,096 |
| 628  | Gelatine (BOI)       | 2     | 4170  | -6,969 |
| 4059 | Vanillinzucker (BOI) | 2     | 3501  | -6,716 |
| 770  | Kakaopulver (BOI)    | 4     | 6696  | -6,652 |
| 123  | Eis (BOI)            | 1     | 1647  | -6,628 |

## Spezielles → Studentenküche

ID: 192, Häufigkeit: 9314/168867

### Typisch

| ID    | Zutat                                     | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------------------------|-------|-------|-------|
| 8476  | MILRAM Frucht Buttermilch Waldbeere (BOI) | 1     | 1     | 4,180 |
| 14844 | Kartoffelpufferteig (BOI)                 | 1     | 1     | 4,180 |
| 2750  | FUCHS Rosmarin (BOI)                      | 1     | 1     | 4,180 |
| 11594 | Meerfenchel (BOI)                         | 1     | 1     | 4,180 |
| 14671 | Tacoschale(n) (BOI)                       | 1     | 1     | 4,180 |

### Untypisch

| ID   | Zutat                 | $C_c$ | $C_f$ | PMI    |
|------|-----------------------|-------|-------|--------|
| 918  | Gelierzucker (BOI)    | 1     | 1837  | -6,663 |
| 2098 | Kuchenglasur (BOI)    | 1     | 1242  | -6,098 |
| 1670 | Rhabarber (BOI)       | 1     | 960   | -5,727 |
| 771  | Lebkuchengewürz (BOI) | 1     | 795   | -5,454 |
| 4066 | Kokosfett (BOI)       | 1     | 590   | -5,024 |

## Zubereitungsarten → Pasta

ID: 81, Häufigkeit: 9284/168867

### Typisch

| ID    | Zutat                                       | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------------------------|-------|-------|-------|
| 15191 | Jagdwurst (BOI)                             | 1     | 1     | 4,185 |
| 15288 | Gnocchi-Nudeln (BOI)                        | 1     | 1     | 4,185 |
| 15224 | Pizzaschmelz (BOI)                          | 2     | 2     | 4,185 |
| 15121 | Kalbsgulasch (BOI)                          | 1     | 1     | 4,185 |
| 14279 | Almette DIE HERZHAF-TEN Bunte Paprika (BOI) | 1     | 1     | 4,185 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 1885 | Kuvertüre (BOI)   | 1     | 3040  | -7,385 |
| 406  | Backpulver (BOI)  | 8     | 22319 | -7,261 |
| 7825 | Trockenhefe (BOI) | 1     | 1496  | -6,362 |
| 2001 | Aroma (BOI)       | 1     | 1441  | -6,308 |
| 982  | Amaretto (BOI)    | 1     | 1350  | -6,214 |

## Zubereitungsarten → Methoden → Auflauf

ID: 63, Häufigkeit: 9003/168867

### Typisch

| ID    | Zutat                                       | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------------------------|-------|-------|-------|
| 14279 | Almette DIE HERZHAF-TEN Bunte Paprika (BOI) | 1     | 1     | 4,229 |
| 15392 | Auflaufform (BOI)                           | 1     | 1     | 4,229 |
| 14721 | Selleriesamen (BOI)                         | 1     | 1     | 4,229 |
| 13567 | kalifornische Walnüsse (BOI)                | 1     | 1     | 4,229 |
| 2750  | FUCHS Rosmarin (BOI)                        | 1     | 1     | 4,229 |

### Untypisch

| ID   | Zutat            | $C_c$ | $C_f$ | PMI    |
|------|------------------|-------|-------|--------|
| 628  | Gelatine (BOI)   | 1     | 4170  | -7,796 |
| 986  | Sahnesteif (BOI) | 1     | 2826  | -7,235 |
| 1885 | Kuvertüre (BOI)  | 2     | 3040  | -6,341 |
| 1349 | Eierlikör (BOI)  | 1     | 1205  | -6,005 |
| 561  | Natron (BOI)     | 2     | 1897  | -5,660 |

## Menüart → Vorspeisen → Warm

ID: 18, Häufigkeit: 8898/168867

### Typisch

| ID    | Zutat                              | $C_c$ | $C_f$ | PMI   |
|-------|------------------------------------|-------|-------|-------|
| 15386 | Almette Balance Schnittlauch (BOI) | 1     | 1     | 4,246 |
| 15402 | Patros Hirtenkräuter (BOI)         | 1     | 1     | 4,246 |
| 15581 | Mönchsbart (BOI)                   | 1     | 1     | 4,246 |
| 5181  | Wiesenknöterich (BOI)              | 1     | 1     | 4,246 |
| 9658  | Wachtelbrüste (BOI)                | 2     | 2     | 4,246 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -7,527 |
| 770  | Kakaopulver (BOI)    | 3     | 6696  | -6,878 |
| 1885 | Kuvertüre (BOI)      | 2     | 3040  | -6,324 |
| 986  | Sahnesteif (BOI)     | 2     | 2826  | -6,218 |
| 3308 | Sauerkirschen (BOI)  | 1     | 1288  | -6,085 |

## Zubereitungsarten → Methoden → Schmoren

ID: 68, Häufigkeit: 8617/168867

### Typisch

| ID    | Zutat                                | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------------------|-------|-------|-------|
| 14844 | Kartoffelpufferteig (BOI)            | 1     | 1     | 4,293 |
| 14716 | HENGLEIN Kloßteig Seidenknödel (BOI) | 1     | 1     | 4,293 |
| 15259 | Spanferkelbauch (BOI)                | 1     | 1     | 4,293 |
| 14847 | Mangoldstiel(e) (BOI)                | 1     | 1     | 4,293 |
| 15465 | Europagras (BOI)                     | 1     | 1     | 4,293 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 1518 | Puddingpulver (BOI)  | 1     | 4555  | -7,861 |
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -7,481 |
| 986  | Sahnesteif (BOI)     | 1     | 2826  | -7,172 |
| 406  | Backpulver (BOI)     | 8     | 22319 | -7,153 |
| 555  | Vanillezucker (BOI)  | 7     | 16645 | -6,923 |

## Spezielles → Ernährungskonzepte → Fettarm

ID: 36, Häufigkeit: 8394/168867

### Typisch

| ID    | Zutat                        | $C_c$ | $C_f$ | PMI   |
|-------|------------------------------|-------|-------|-------|
| 15284 | Sojafilet(s) (BOI)           | 1     | 1     | 4,330 |
| 14221 | Kartoffelwasser (BOI)        | 1     | 1     | 4,330 |
| 9120  | Miracel Whip So Leicht (BOI) | 1     | 1     | 4,330 |
| 15081 | Brennnesseltee (BOI)         | 1     | 1     | 4,330 |
| 14616 | Paprikapfeffer (BOI)         | 1     | 1     | 4,330 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 1554 | Blätterteig (BOI) | 3     | 2249  | -5,220 |
| 2587 | Süßigkeiten (BOI) | 1     | 463   | -4,524 |
| 2    | Wodka (BOI)       | 2     | 850   | -4,401 |
| 1351 | Schokodekor (BOI) | 1     | 384   | -4,255 |
| 8333 | Bratwürste (BOI)  | 1     | 376   | -4,224 |

## Spezielles → Resteverwertung

ID: 46, Häufigkeit: 7792/168867

### Typisch

| ID    | Zutat                                     | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------------------------|-------|-------|-------|
| 15284 | Sojafilet(s) (BOI)                        | 1     | 1     | 4,438 |
| 4079  | Spanisches Olivenöl (BOI)                 | 1     | 1     | 4,438 |
| 15191 | Jagdwurst (BOI)                           | 1     | 1     | 4,438 |
| 15458 | Debrecziner Würstchen (BOI)               | 1     | 1     | 4,438 |
| 8476  | MILRAM Frucht Buttermilch Waldbeere (BOI) | 1     | 1     | 4,438 |

### Untypisch

| ID   | Zutat            | $C_c$ | $C_f$ | PMI    |
|------|------------------|-------|-------|--------|
| 2193 | Fischfond (BOI)  | 1     | 541   | -4,642 |
| 992  | Sekt (BOI)       | 2     | 819   | -4,240 |
| 1757 | Tortenguss (BOI) | 4     | 1344  | -3,955 |
| 47   | Grenadine (BOI)  | 1     | 318   | -3,875 |
| 1717 | Brombeeren (BOI) | 1     | 317   | -3,871 |

## Spezielles → Ernährungskonzepte → Vegan

ID: 111, Häufigkeit: 7768/168867

### Typisch

| ID    | Zutat                     | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------|-------|-------|-------|
| 15284 | Sojafilet(s) (BOI)        | 1     | 1     | 4,442 |
| 15103 | Kokosblütendicksaft (BOI) | 1     | 1     | 4,442 |
| 14310 | Hanföl (BOI)              | 1     | 1     | 4,442 |
| 14413 | Käseersatz (BOI)          | 11    | 11    | 4,442 |
| 13785 | Hafersahne (BOI)          | 16    | 16    | 4,442 |

### Untypisch

| ID   | Zutat            | $C_c$ | $C_f$ | PMI    |
|------|------------------|-------|-------|--------|
| 3563 | Eigelb (BOI)     | 1     | 9391  | -8,755 |
| 882  | Schinken (BOI)   | 2     | 5673  | -7,028 |
| 675  | süße Sahne (BOI) | 1     | 2827  | -7,023 |
| 8698 | Magerquark (BOI) | 1     | 2781  | -6,999 |
| 689  | Speck (BOI)      | 2     | 5346  | -6,942 |

## Saisonal → Frühling

ID: 54, Häufigkeit: 7587/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 14690 | Sobanudeln (BOI)                  | 1     | 1     | 4,476 |
| 14142 | Kühne Deluxe Chipotle Chili (BOI) | 1     | 1     | 4,476 |
| 15521 | Bärlauchpaste (BOI)               | 1     | 1     | 4,476 |
| 9272  | Melde (BOI)                       | 3     | 3     | 4,476 |
| 11731 | Speckpulver (BOI)                 | 3     | 3     | 4,476 |

### Untypisch

| ID   | Zutat                 | $C_c$ | $C_f$ | PMI    |
|------|-----------------------|-------|-------|--------|
| 497  | Sauerkraut (BOI)      | 1     | 1142  | -5,681 |
| 1255 | Kürbisfleisch (BOI)   | 1     | 883   | -5,310 |
| 771  | Lebkuchengewürz (BOI) | 1     | 795   | -5,159 |
| 1669 | Buchweizen (BOI)      | 1     | 503   | -4,498 |
| 926  | Gulasch (BOI)         | 2     | 704   | -3,983 |

## Menüart → Vorspeisen → Kalt

ID: 17, Häufigkeit: 7444/168867

### Typisch

| ID    | Zutat                      | $C_c$ | $C_f$ | PMI   |
|-------|----------------------------|-------|-------|-------|
| 15563 | Hornhecht(e) (BOI)         | 1     | 1     | 4,504 |
| 15289 | Flusskrebsfleisch (BOI)    | 1     | 1     | 4,504 |
| 15266 | Buchweizenkeime (BOI)      | 1     | 1     | 4,504 |
| 13970 | Kichererbsensprossen (BOI) | 1     | 1     | 4,504 |
| 14800 | Charentais-Melone (BOI)    | 1     | 1     | 4,504 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 1518 | Puddingpulver (BOI) | 1     | 4555  | -7,650 |
| 1885 | Kuvertüre (BOI)     | 1     | 3040  | -7,066 |
| 770  | Kakaopulver (BOI)   | 3     | 6696  | -6,620 |
| 555  | Vanillezucker (BOI) | 12    | 16645 | -5,934 |
| 1757 | Tortenguss (BOI)    | 1     | 1344  | -5,889 |

## Regional → Europa → Deutschland

ID: 87, Häufigkeit: 7386/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 7273  | Rama (BOI)                        | 1     | 1     | 4,515 |
| 14142 | Kühne Deluxe Chipotle Chili (BOI) | 1     | 1     | 4,515 |
| 5521  | Weidenröschen (BOI)               | 1     | 1     | 4,515 |
| 15046 | Pinkelwürste (BOI)                | 1     | 1     | 4,515 |
| 14526 | Presssack (BOI)                   | 2     | 2     | 4,515 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 928  | Kokosmilch (BOI)    | 2     | 2849  | -5,961 |
| 1006 | Avocado(s) (BOI)    | 1     | 1125  | -5,621 |
| 16   | Koriandergrün (BOI) | 2     | 1633  | -5,158 |
| 9467 | Sesamöl (BOI)       | 1     | 770   | -5,074 |
| 84   | Tofu (BOI)          | 1     | 649   | -4,827 |



## Spezielles→Kinder

ID: 44, Häufigkeit: 7319/168867

### Typisch

| ID    | Zutat                     | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------|-------|-------|-------|
| 14844 | Kartoffelpufferteig (BOI) | 1     | 1     | 4,528 |
| 15103 | Kokosblütendicksaft (BOI) | 1     | 1     | 4,528 |
| 14310 | Hanföl (BOI)              | 1     | 1     | 4,528 |
| 14712 | Siedewürstchen (BOI)      | 1     | 1     | 4,528 |
| 14542 | Oligofructose (BOI)       | 1     | 1     | 4,528 |

### Untypisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI    |
|-------|-------------------------|-------|-------|--------|
| 14988 | Wacholderbeere(n) (BOI) | 1     | 1378  | -5,900 |
| 285   | Schweinefleisch (BOI)   | 1     | 1180  | -5,676 |
| 16    | Koriandergrün (BOI)     | 2     | 1633  | -5,145 |
| 996   | Bärlauch (BOI)          | 1     | 657   | -4,832 |
| 1548  | Zitronengras (BOI)      | 1     | 652   | -4,821 |

## Spezielles→Festlich

ID: 42, Häufigkeit: 6719/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 7273  | Rama (BOI)                        | 1     | 1     | 4,651 |
| 14142 | Kühne Deluxe Chipotle Chili (BOI) | 1     | 1     | 4,651 |
| 14596 | Brotrinde (BOI)                   | 1     | 1     | 4,651 |
| 1585  | Wildsauce (BOI)                   | 2     | 2     | 4,651 |
| 15563 | Hornhecht(e) (BOI)                | 1     | 1     | 4,651 |

### Untypisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI    |
|-------|-------------------------|-------|-------|--------|
| 833   | Fleischwurst (BOI)      | 1     | 849   | -5,078 |
| 720   | Miracel Whip (BOI)      | 1     | 750   | -4,899 |
| 11254 | Eiswürfel (BOI)         | 1     | 528   | -4,393 |
| 804   | Sahne-Schmelzkäse (BOI) | 1     | 482   | -4,261 |
| 13232 | Gouda (BOI)             | 1     | 443   | -4,140 |

## Zubereitungsarten→Saucen

ID: 84, Häufigkeit: 6694/168867

### Typisch

| ID    | Zutat                                       | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------------------------|-------|-------|-------|
| 14142 | Kühne Deluxe Chipotle Chili (BOI)           | 1     | 1     | 4,657 |
| 9291  | Coulis (BOI)                                | 4     | 4     | 4,657 |
| 14619 | Stangenpfeffer (BOI)                        | 1     | 1     | 4,657 |
| 15602 | Kebap (BOI)                                 | 1     | 1     | 4,657 |
| 15505 | Hochland Sandwich Scheiben Emmentaler (BOI) | 1     | 1     | 4,657 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 1757 | Tortenguss (BOI)     | 1     | 1344  | -5,735 |
| 860  | Löffelbiskuits (BOI) | 1     | 1217  | -5,592 |
| 406  | Backpulver (BOI)     | 19    | 22319 | -5,541 |
| 4057 | Schokostreusel (BOI) | 1     | 923   | -5,193 |
| 984  | Kekse (BOI)          | 2     | 1699  | -5,074 |

## Menüart→Hauptspeise→Fisch

ID: 10, Häufigkeit: 6592/168867

### Typisch

| ID    | Zutat                              | $C_c$ | $C_f$ | PMI   |
|-------|------------------------------------|-------|-------|-------|
| 12965 | MinusL geriebener Emmentaler (BOI) | 1     | 1     | 4,679 |
| 9199  | Rochenflügel (BOI)                 | 2     | 2     | 4,679 |
| 14840 | Steinbutt (BOI)                    | 4     | 4     | 4,679 |
| 7273  | Rama (BOI)                         | 1     | 1     | 4,679 |
| 15563 | Hornhecht(e) (BOI)                 | 1     | 1     | 4,679 |

### Untypisch

| ID   | Zutat            | $C_c$ | $C_f$ | PMI    |
|------|------------------|-------|-------|--------|
| 1618 | Schokolade (BOI) | 2     | 7052  | -7,105 |
| 561  | Natron (BOI)     | 1     | 1897  | -6,210 |
| 783  | Kirsche(n) (BOI) | 1     | 1667  | -6,024 |
| 123  | Eis (BOI)        | 1     | 1647  | -6,007 |
| 1097 | Rum (BOI)        | 3     | 4791  | -5,962 |

## Saisonal→Weihnachten

ID: 59, Häufigkeit: 6480/168867

### Typisch

| ID    | Zutat                                 | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------------------|-------|-------|-------|
| 10026 | Entenstopfleber (BOI)                 | 2     | 2     | 4,704 |
| 15115 | Hasenkeule(n) (BOI)                   | 1     | 1     | 4,704 |
| 2740  | FUCHS Zimtstangen Ceylon Canehl (BOI) | 1     | 1     | 4,704 |
| 11144 | Limquat(s) (BOI)                      | 1     | 1     | 4,704 |
| 14597 | Barbarieente (BOI)                    | 1     | 1     | 4,704 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 1580 | Feta-Käse (BOI)    | 1     | 2653  | -6,670 |
| 308  | Zucchini (BOI)     | 3     | 6751  | -6,432 |
| 6059 | Spaghetti (BOI)    | 1     | 2151  | -6,367 |
| 552  | Thunfisch (BOI)    | 1     | 1878  | -6,171 |
| 63   | Aubergine(n) (BOI) | 1     | 1830  | -6,134 |

## Backen & Süßspeisen→Torten

ID: 49, Häufigkeit: 6446/168867

### Typisch

| ID    | Zutat                     | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------|-------|-------|-------|
| 15328 | Erdbeerpulver (BOI)       | 1     | 1     | 4,711 |
| 15486 | Aromapaste (BOI)          | 1     | 1     | 4,711 |
| 15160 | Modellierschokolade (BOI) | 2     | 2     | 4,711 |
| 15578 | Zuckerkleber (BOI)        | 1     | 1     | 4,711 |
| 15148 | Fondantdecke(n) (BOI)     | 2     | 2     | 4,711 |

### Untypisch

| ID  | Zutat                  | $C_c$ | $C_f$ | PMI    |
|-----|------------------------|-------|-------|--------|
| 30  | Knoblauch (BOI)        | 1     | 19118 | -9,511 |
| 375 | Paprikaschote(n) (BOI) | 1     | 14162 | -9,078 |
| 35  | Paprikapulver (BOI)    | 1     | 12846 | -8,938 |
| 292 | Salz und Pfeffer (BOI) | 4     | 48985 | -8,869 |
| 170 | Senf (BOI)             | 1     | 8768  | -8,387 |

## Backen & Süßspeisen→Kekse & Plätzchen

ID: 159, Häufigkeit: 6378/168867

### Typisch

| ID    | Zutat                     | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------|-------|-------|-------|
| 15118 | Pfefferkuchengewürz (BOI) | 2     | 2     | 4,727 |
| 15124 | Farinzucker (BOI)         | 4     | 4     | 4,727 |
| 15532 | Zitronenextrakt (BOI)     | 1     | 1     | 4,727 |
| 14946 | Messer (BOI)              | 1     | 1     | 4,727 |
| 14947 | Ausrollstab (BOI)         | 1     | 1     | 4,727 |

### Untypisch

| ID  | Zutat              | $C_c$ | $C_f$ | PMI    |
|-----|--------------------|-------|-------|--------|
| 25  | Tomate(n) (BOI)    | 1     | 20185 | -9,574 |
| 31  | Champignons (BOI)  | 1     | 8155  | -8,267 |
| 72  | Gemüsebrühe (BOI)  | 2     | 13721 | -8,017 |
| 29  | Zwiebel(n) (BOI)   | 9     | 47218 | -7,630 |
| 197 | Schalotte(n) (BOI) | 1     | 4751  | -7,487 |

## Spezielles→Saucen & Dips

ID: 45, Häufigkeit: 6144/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 15589 | Limonenblätter (BOI)              | 2     | 2     | 4,781 |
| 14142 | Kühne Deluxe Chipotle Chili (BOI) | 1     | 1     | 4,781 |
| 15359 | Habaneros (BOI)                   | 1     | 1     | 4,781 |
| 14421 | Rindermark (BOI)                  | 1     | 1     | 4,781 |
| 13532 | Kapernapfel (BOI)                 | 1     | 1     | 4,781 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -6,993 |
| 1885 | Kuvertüre (BOI)      | 1     | 3040  | -6,789 |
| 984  | Kekse (BOI)          | 1     | 1699  | -5,950 |
| 7825 | Trockenhefe (BOI)    | 1     | 1496  | -5,766 |
| 986  | Sahnesteif (BOI)     | 2     | 2826  | -5,684 |

## Menüart → Hauptspeise → Pilze

ID: 156, Häufigkeit: 5980/168867

### Typisch

| ID    | Zutat                                | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------------------|-------|-------|-------|
| 14455 | Felche(n) (BOI)                      | 1     | 1     | 4,820 |
| 15528 | Spitzmorcheln (BOI)                  | 1     | 1     | 4,820 |
| 14950 | Hafercreme (BOI)                     | 1     | 1     | 4,820 |
| 15276 | Tofustange/n (Dried bean-curd) (BOI) | 1     | 1     | 4,820 |
| 15244 | Veggie-Speck (BOI)                   | 1     | 1     | 4,820 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 770  | Kakaopulver (BOI)    | 1     | 6696  | -7,889 |
| 1618 | Schokolade (BOI)     | 2     | 7052  | -6,964 |
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -6,954 |
| 759  | Erdbeeren (BOI)      | 1     | 3367  | -6,898 |
| 114  | Puderrucker (BOI)    | 5     | 12796 | -6,502 |

## Menüart → Hauptspeise → Eintopf

ID: 137, Häufigkeit: 5975/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 1846  | Flecke (BOI)         | 2     | 2     | 4,821 |
| 15430 | Soja Cuisine (BOI)   | 1     | 1     | 4,821 |
| 15191 | Jagdwurst (BOI)      | 1     | 1     | 4,821 |
| 15253 | Erbsenpüree (BOI)    | 1     | 1     | 4,821 |
| 15111 | Surimistübchen (BOI) | 1     | 1     | 4,821 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 406  | Backpulver (BOI)  | 4     | 22319 | -7,625 |
| 114  | Puderrucker (BOI) | 5     | 12796 | -6,501 |
| 1094 | Hefe (BOI)        | 2     | 4845  | -6,421 |
| 1097 | Rum (BOI)         | 2     | 4791  | -6,405 |
| 984  | Kekse (BOI)       | 1     | 1699  | -5,910 |

## Spezielles → Ernährungskonzepte → Kalorienarm

ID: 37, Häufigkeit: 5747/168867

### Typisch

| ID    | Zutat                     | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------|-------|-------|-------|
| 15284 | Sojafilet(s) (BOI)        | 1     | 1     | 4,877 |
| 14616 | Paprikapfeffer (BOI)      | 1     | 1     | 4,877 |
| 4079  | Spanisches Olivenöl (BOI) | 1     | 1     | 4,877 |
| 14221 | Kartoffelwasser (BOI)     | 1     | 1     | 4,877 |
| 2343  | Wasserlinsen (BOI)        | 1     | 1     | 4,877 |

### Untypisch

| ID   | Zutat                   | $C_c$ | $C_f$ | PMI    |
|------|-------------------------|-------|-------|--------|
| 2098 | Kuchenglasur (BOI)      | 1     | 1242  | -5,402 |
| 645  | Mascarpone (BOI)        | 2     | 2201  | -5,227 |
| 2    | Wodka (BOI)             | 1     | 850   | -4,854 |
| 1601 | Lebensmittelfarbe (BOI) | 1     | 683   | -4,539 |
| 908  | Zitronat (BOI)          | 1     | 546   | -4,216 |

## Zubereitungsarten → Aufstrich

ID: 70, Häufigkeit: 5729/168867

### Typisch

| ID    | Zutat                       | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------|-------|-------|-------|
| 13970 | Kichererbsensprossen (BOI)  | 1     | 1     | 4,881 |
| 15261 | Nougatschokolade (BOI)      | 1     | 1     | 4,881 |
| 15164 | Thunfisch in Olivenöl (BOI) | 1     | 1     | 4,881 |
| 15036 | Rosenblüte(n) (BOI)         | 1     | 1     | 4,881 |
| 2340  | Hirtentäschel (BOI)         | 1     | 1     | 4,881 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 406  | Backpulver (BOI)    | 6     | 22319 | -6,980 |
| 1518 | Puddingpulver (BOI) | 2     | 4555  | -6,272 |
| 1554 | Blätterteig (BOI)   | 1     | 2249  | -6,254 |
| 368  | Nudeln (BOI)        | 3     | 6466  | -6,192 |
| 1383 | Reis (BOI)          | 3     | 4440  | -5,650 |

## Zubereitungsarten→Methoden→Überbacken

ID: 154, Häufigkeit: 5498/168867

### Typisch

| ID    | Zutat                  | $C_c$ | $C_f$ | PMI   |
|-------|------------------------|-------|-------|-------|
| 15602 | Kebap (BOI)            | 1     | 1     | 4,941 |
| 15044 | Leberknödel (BOI)      | 1     | 1     | 4,941 |
| 13265 | Ofenkartoffel(n) (BOI) | 2     | 2     | 4,941 |
| 15574 | Dinkelbrösel (BOI)     | 1     | 1     | 4,941 |
| 15219 | Veggie-Hack (BOI)      | 2     | 3     | 4,356 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 628  | Gelatine (BOI)    | 1     | 4170  | -7,085 |
| 770  | Kakaopulver (BOI) | 5     | 6696  | -5,446 |
| 1638 | Mohn (BOI)        | 1     | 1094  | -5,155 |
| 406  | Backpulver (BOI)  | 23    | 22319 | -4,982 |
| 1688 | Kaffee (BOI)      | 1     | 915   | -4,897 |

## Spezielles→Camping

ID: 160, Häufigkeit: 5487/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 14142 | Kühne Deluxe Chipotle Chili (BOI) | 1     | 1     | 4,944 |
| 14844 | Kartoffelpufferteig (BOI)         | 1     | 1     | 4,944 |
| 15557 | Kölsch (BOI)                      | 1     | 1     | 4,944 |
| 11594 | Meerfenchel (BOI)                 | 1     | 1     | 4,944 |
| 15577 | Ciabattabrötchen (BOI)            | 1     | 1     | 4,944 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 1885 | Kuvertüre (BOI)   | 1     | 3040  | -6,626 |
| 1554 | Blätterteig (BOI) | 1     | 2249  | -6,191 |
| 628  | Gelatine (BOI)    | 2     | 4170  | -6,082 |
| 783  | Kirsche(n) (BOI)  | 1     | 1667  | -5,759 |
| 1349 | Eierlikör (BOI)   | 1     | 1205  | -5,291 |

## Spezielles→Fingerfood

ID: 120, Häufigkeit: 5364/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 14936 | Tempuramehl (BOI)    | 1     | 1     | 4,976 |
| 14935 | Shisokresse (BOI)    | 1     | 1     | 4,976 |
| 15363 | Forellenkaviar (BOI) | 2     | 2     | 4,976 |
| 12551 | Gummi arabicum (BOI) | 1     | 1     | 4,976 |
| 14635 | Gemüwestäbchen (BOI) | 1     | 1     | 4,976 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 918  | Gelierzucker (BOI)   | 1     | 1837  | -5,867 |
| 1757 | Tortenguss (BOI)     | 1     | 1344  | -5,416 |
| 1562 | Bandnudeln (BOI)     | 1     | 1260  | -5,323 |
| 860  | Löffelbiskuits (BOI) | 1     | 1217  | -5,273 |
| 1349 | Eierlikör (BOI)      | 1     | 1205  | -5,258 |

## Zubereitungsarten→Käse

ID: 123, Häufigkeit: 5343/168867

### Typisch

| ID    | Zutat                                                      | $C_c$ | $C_f$ | PMI   |
|-------|------------------------------------------------------------|-------|-------|-------|
| 15545 | Hochland vegetarische Käse Würstchen herzhaft würzig (BOI) | 1     | 1     | 4,982 |
| 15577 | Ciabattabrötchen (BOI)                                     | 1     | 1     | 4,982 |
| 15602 | Kebap (BOI)                                                | 1     | 1     | 4,982 |
| 15574 | Dinkelbrösel (BOI)                                         | 1     | 1     | 4,982 |
| 968   | Ofenkäse (BOI)                                             | 2     | 2     | 4,982 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 770  | Kakaopulver (BOI)    | 1     | 6696  | -7,727 |
| 1518 | Puddingpulver (BOI)  | 1     | 4555  | -7,171 |
| 1885 | Kuvertüre (BOI)      | 1     | 3040  | -6,588 |
| 1618 | Schokolade (BOI)     | 4     | 7052  | -5,802 |
| 4059 | Vanillinzucker (BOI) | 2     | 3501  | -5,791 |

## Regional→Europa→Italien

ID: 88, Häufigkeit: 5132/168867

### Typisch

| ID    | Zutat               | $C_c$ | $C_f$ | PMI   |
|-------|---------------------|-------|-------|-------|
| 14836 | Parmesanrinde (BOI) | 1     | 1     | 5,040 |
| 15579 | Provolone (BOI)     | 1     | 1     | 5,040 |
| 7273  | Rama (BOI)          | 1     | 1     | 5,040 |
| 14434 | Bottarga (BOI)      | 1     | 1     | 5,040 |
| 14897 | Schwarzkohl (BOI)   | 2     | 2     | 5,040 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 1605 | Banane(n) (BOI)      | 1     | 3988  | -6,921 |
| 1575 | Mango(s) (BOI)       | 1     | 1436  | -5,448 |
| 928  | Kokosmilch (BOI)     | 2     | 2849  | -5,436 |
| 1824 | Saft (BOI)           | 1     | 1370  | -5,380 |
| 4057 | Schokostreusel (BOI) | 1     | 923   | -4,810 |

## Menüart→Suppen→Gebundene

ID: 7, Häufigkeit: 5093/168867

### Typisch

| ID    | Zutat                                 | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------------------|-------|-------|-------|
| 12966 | MinusL Frischkäse (BOI)               | 1     | 1     | 5,051 |
| 12962 | MinusL Butter (BOI)                   | 1     | 1     | 5,051 |
| 2740  | FUCHS Zimtstangen Ceylon Canehl (BOI) | 1     | 1     | 5,051 |
| 15555 | Spargelschalen (BOI)                  | 3     | 3     | 5,051 |
| 15202 | Netzmelone(n) (BOI)                   | 1     | 1     | 5,051 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 406  | Backpulver (BOI)     | 2     | 22319 | -8,395 |
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -6,722 |
| 1885 | Kuvertüre (BOI)      | 1     | 3040  | -6,519 |
| 628  | Gelatine (BOI)       | 2     | 4170  | -5,975 |
| 918  | Gelierzucker (BOI)   | 1     | 1837  | -5,792 |

## Zubereitungsarten→Fisch

ID: 74, Häufigkeit: 5056/168867

### Typisch

| ID    | Zutat                       | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------|-------|-------|-------|
| 14548 | Tintenfischringe (BOI)      | 4     | 4     | 5,062 |
| 14434 | Bottarga (BOI)              | 1     | 1     | 5,062 |
| 15280 | Lachsforellenfilet(s) (BOI) | 2     | 2     | 5,062 |
| 14840 | Steinbutt (BOI)             | 4     | 4     | 5,062 |
| 1027  | Thon, naturel (BOI)         | 1     | 1     | 5,062 |

### Untypisch

| ID   | Zutat                       | $C_c$ | $C_f$ | PMI    |
|------|-----------------------------|-------|-------|--------|
| 1618 | Schokolade (BOI)            | 2     | 7052  | -6,722 |
| 1097 | Rum (BOI)                   | 2     | 4791  | -6,164 |
| 243  | Hähnchenbrustfilet(s) (BOI) | 2     | 2941  | -5,460 |
| 982  | Amaretto (BOI)              | 1     | 1350  | -5,337 |
| 34   | Hackfleisch (BOI)           | 6     | 7501  | -5,226 |

## Menüart→Frühstück

ID: 31, Häufigkeit: 5055/168867

### Typisch

| ID    | Zutat                            | $C_c$ | $C_f$ | PMI   |
|-------|----------------------------------|-------|-------|-------|
| 14250 | Grünländer Chili & Paprika (BOI) | 1     | 1     | 5,062 |
| 15261 | Nougatschokolade (BOI)           | 1     | 1     | 5,062 |
| 15036 | Rosenblüte(n) (BOI)              | 1     | 1     | 5,062 |
| 2340  | Hirtentäschel (BOI)              | 1     | 1     | 5,062 |
| 11480 | Klettlabkraut (BOI)              | 1     | 1     | 5,062 |

### Untypisch

| ID   | Zutat                       | $C_c$ | $C_f$ | PMI    |
|------|-----------------------------|-------|-------|--------|
| 368  | Nudeln (BOI)                | 1     | 6466  | -7,597 |
| 337  | Hühnerbrühe (BOI)           | 1     | 2578  | -6,270 |
| 6059 | Spaghetti (BOI)             | 1     | 2151  | -6,009 |
| 203  | Saucenbinder (BOI)          | 1     | 1802  | -5,753 |
| 243  | Hähnchenbrustfilet(s) (BOI) | 2     | 2941  | -5,460 |

## Menüart → Hauptspeise → Reis/Getreide

ID: 162, Häufigkeit: 5055/168867

### Typisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------|-------|-------|-------|
| 14617 | Cervelat (BOI)          | 1     | 1     | 5,062 |
| 15506 | ofenfeste Form (BOI)    | 1     | 1     | 5,062 |
| 15284 | Sojafilet(s) (BOI)      | 1     | 1     | 5,062 |
| 15413 | Bambusstreifen (BOI)    | 1     | 1     | 5,062 |
| 14116 | Seezungenfilet(s) (BOI) | 1     | 1     | 5,062 |

### Untypisch

| ID   | Zutat                   | $C_c$ | $C_f$ | PMI    |
|------|-------------------------|-------|-------|--------|
| 628  | Gelatine (BOI)          | 1     | 4170  | -6,964 |
| 561  | Natron (BOI)            | 1     | 1897  | -5,827 |
| 984  | Kekse (BOI)             | 1     | 1699  | -5,668 |
| 760  | Schokoladenraspel (BOI) | 1     | 1483  | -5,472 |
| 1562 | Bandnudeln (BOI)        | 1     | 1260  | -5,237 |

## Zubereitungsarten → Beilage

ID: 71, Häufigkeit: 5035/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 2343  | Wasserlinsen (BOI)                | 1     | 1     | 5,068 |
| 14845 | Krebspaste (BOI)                  | 1     | 1     | 5,068 |
| 15163 | Thunfisch in Sonnenblumenöl (BOI) | 1     | 1     | 5,068 |
| 14867 | Pofiber (BOI)                     | 1     | 1     | 5,068 |
| 15320 | Ackerrettich (BOI)                | 1     | 1     | 5,068 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 1618 | Schokolade (BOI)    | 1     | 7052  | -7,716 |
| 1518 | Puddingpulver (BOI) | 1     | 4555  | -7,085 |
| 1885 | Kuvertüre (BOI)     | 1     | 3040  | -6,502 |
| 986  | Sahnesteif (BOI)    | 1     | 2826  | -6,397 |
| 984  | Kekse (BOI)         | 1     | 1699  | -5,663 |

## Backen & Süßspeisen → Brot und Brötchen

ID: 145, Häufigkeit: 4507/168867

### Typisch

| ID    | Zutat              | $C_c$ | $C_f$ | PMI   |
|-------|--------------------|-------|-------|-------|
| 14865 | Manitobamehl (BOI) | 2     | 2     | 5,228 |
| 8079  | Backmalz (BOI)     | 86    | 86    | 5,228 |
| 13881 | Dinkelschrot (BOI) | 2     | 2     | 5,228 |
| 8201  | Kamut (BOI)        | 6     | 6     | 5,228 |
| 2973  | Natursauer (BOI)   | 31    | 31    | 5,228 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 209  | Fleischbrühe (BOI)  | 1     | 2914  | -6,281 |
| 40   | Limette(n) (BOI)    | 1     | 2262  | -5,916 |
| 498  | Fischfilet(s) (BOI) | 1     | 2170  | -5,856 |
| 918  | Gelierzucker (BOI)  | 1     | 1837  | -5,616 |
| 1885 | Kuvertüre (BOI)     | 2     | 3040  | -5,342 |

## Menüart → Beilage → Gemüse

ID: 27, Häufigkeit: 4454/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 2343  | Wasserlinsen (BOI)   | 1     | 1     | 5,245 |
| 15534 | Frühlingslauch (BOI) | 1     | 1     | 5,245 |
| 15535 | Klebreismehl (BOI)   | 1     | 1     | 5,245 |
| 14616 | Paprikapfeffer (BOI) | 1     | 1     | 5,245 |
| 5521  | Weidenröschen (BOI)  | 1     | 1     | 5,245 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 770  | Kakaopulver (BOI)    | 1     | 6696  | -7,464 |
| 1618 | Schokolade (BOI)     | 2     | 7052  | -6,539 |
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -6,529 |
| 555  | Vanillezucker (BOI)  | 6     | 16645 | -6,193 |
| 1097 | Rum (BOI)            | 2     | 4791  | -5,981 |

## Zubereitungsarten→Haltbarmachen

ID: 173, Häufigkeit: 4445/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 15534 | Frühlingslauch (BOI) | 1     | 1     | 5,248 |
| 15535 | Klebreismehl (BOI)   | 1     | 1     | 5,248 |
| 2340  | Hirtentäschel (BOI)  | 1     | 1     | 5,248 |
| 11480 | Klettlabkraut (BOI)  | 1     | 1     | 5,248 |
| 14971 | Ajowan (BOI)         | 1     | 1     | 5,248 |

### Untypisch

| ID  | Zutat               | $C_c$ | $C_f$ | PMI    |
|-----|---------------------|-------|-------|--------|
| 368 | Nudeln (BOI)        | 1     | 6466  | -7,411 |
| 99  | Schmand (BOI)       | 1     | 5488  | -7,175 |
| 133 | saure Sahne (BOI)   | 1     | 4304  | -6,824 |
| 164 | Crème fraîche (BOI) | 2     | 7265  | -6,579 |
| 645 | Mascarpone (BOI)    | 1     | 2201  | -5,856 |

## Zubereitungsarten→Methoden→Dünsten

ID: 64, Häufigkeit: 4195/168867

### Typisch

| ID    | Zutat                      | $C_c$ | $C_f$ | PMI   |
|-------|----------------------------|-------|-------|-------|
| 15521 | Bärlauchpaste (BOI)        | 1     | 1     | 5,331 |
| 15581 | Mönchsbart (BOI)           | 1     | 1     | 5,331 |
| 14531 | Kaffir-Limettenblatt (BOI) | 3     | 3     | 5,331 |
| 15413 | Bambusstreifen (BOI)       | 1     | 1     | 5,331 |
| 14116 | Seezungenfilet(s) (BOI)    | 1     | 1     | 5,331 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 1885 | Kuvertüre (BOI)   | 1     | 3040  | -6,239 |
| 986  | Sahnesteif (BOI)  | 1     | 2826  | -6,133 |
| 8698 | Magerquark (BOI)  | 1     | 2781  | -6,110 |
| 406  | Backpulver (BOI)  | 9     | 22319 | -5,945 |
| 770  | Kakaopulver (BOI) | 3     | 6696  | -5,793 |

## Zubereitungsarten→Eintopf

ID: 79, Häufigkeit: 4095/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 13804 | Rübchen (BOI)        | 1     | 1     | 5,366 |
| 15430 | Soja Cuisine (BOI)   | 1     | 1     | 5,366 |
| 15191 | Jagdwurst (BOI)      | 1     | 1     | 5,366 |
| 15253 | Erbsenpüree (BOI)    | 1     | 1     | 5,366 |
| 15111 | Surimistübchen (BOI) | 1     | 1     | 5,366 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 114  | Puderrucker (BOI) | 2     | 12796 | -7,278 |
| 1094 | Hefe (BOI)        | 1     | 4845  | -6,876 |
| 1097 | Rum (BOI)         | 1     | 4791  | -6,860 |
| 406  | Backpulver (BOI)  | 5     | 22319 | -6,758 |
| 1700 | Haselnüsse (BOI)  | 1     | 4160  | -6,656 |

## Zubereitungsarten→Grundrezepte

ID: 121, Häufigkeit: 3861/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 2340  | Hirtentäschel (BOI)  | 1     | 1     | 5,451 |
| 11480 | Klettlabkraut (BOI)  | 1     | 1     | 5,451 |
| 14011 | Fleischknochen (BOI) | 1     | 1     | 5,451 |
| 9265  | Nigari (BOI)         | 1     | 1     | 5,451 |
| 14867 | Pofiber (BOI)        | 1     | 1     | 5,451 |

### Untypisch

| ID   | Zutat                       | $C_c$ | $C_f$ | PMI    |
|------|-----------------------------|-------|-------|--------|
| 243  | Hähnchenbrustfilet(s) (BOI) | 1     | 2941  | -6,071 |
| 6059 | Spaghetti (BOI)             | 1     | 2151  | -5,620 |
| 8807 | Kochschinken (BOI)          | 1     | 1808  | -5,369 |
| 454  | Kidneybohnen (BOI)          | 1     | 1128  | -4,689 |
| 33   | Schafskäse (BOI)            | 2     | 2091  | -4,579 |

## Zubereitungsarten→Süßspeisen

ID: 82, Häufigkeit: 3655/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 15553 | Vollkorngrieß (BOI)  | 1     | 1     | 5,530 |
| 15576 | Dinkelreis (BOI)     | 1     | 1     | 5,530 |
| 14310 | Hanföl (BOI)         | 1     | 1     | 5,530 |
| 15081 | Brennnesseltee (BOI) | 1     | 1     | 5,530 |
| 15080 | Kamillentee (BOI)    | 1     | 1     | 5,530 |

### Untypisch

| ID  | Zutat                  | $C_c$ | $C_f$ | PMI    |
|-----|------------------------|-------|-------|--------|
| 25  | Tomate(n) (BOI)        | 1     | 20185 | -8,771 |
| 129 | Petersilie (BOI)       | 1     | 16627 | -8,491 |
| 292 | Salz und Pfeffer (BOI) | 5     | 48985 | -7,728 |
| 30  | Knoblauch (BOI)        | 2     | 19118 | -7,693 |
| 163 | Thymian (BOI)          | 1     | 7495  | -7,342 |

## Spezielles→Ernährungskonzepte→Vollwert

ID: 161, Häufigkeit: 3633/168867

### Typisch

| ID    | Zutat               | $C_c$ | $C_f$ | PMI   |
|-------|---------------------|-------|-------|-------|
| 14031 | Milchersatz (BOI)   | 2     | 2     | 5,539 |
| 2340  | Hirtentäschel (BOI) | 1     | 1     | 5,539 |
| 11480 | Klettlabkraut (BOI) | 1     | 1     | 5,539 |
| 2343  | Wasserlinsen (BOI)  | 1     | 1     | 5,539 |
| 15297 | Goldleinsamen (BOI) | 2     | 2     | 5,539 |

### Untypisch

| ID   | Zutat                  | $C_c$ | $C_f$ | PMI    |
|------|------------------------|-------|-------|--------|
| 249  | Schweinefilet(s) (BOI) | 1     | 1487  | -5,000 |
| 1566 | Bacon (BOI)            | 1     | 1230  | -4,726 |
| 150  | Garnele(n) (BOI)       | 1     | 1220  | -4,714 |
| 285  | Schweinefleisch (BOI)  | 1     | 1180  | -4,666 |
| 1554 | Blätterteig (BOI)      | 2     | 2249  | -4,596 |

## Menüart→Hauptspeise→Hülsenfrüchte

ID: 177, Häufigkeit: 3568/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 15253 | Erbsenpüree (BOI)    | 1     | 1     | 5,565 |
| 12428 | Erbswurst (BOI)      | 1     | 1     | 5,565 |
| 14957 | Schälerbbsen (BOI)   | 3     | 3     | 5,565 |
| 15413 | Bambusstreifen (BOI) | 1     | 1     | 5,565 |
| 15596 | Steakgewürz (BOI)    | 1     | 1     | 5,565 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI) | 1     | 16645 | -8,458 |
| 3562 | Eiweiß (BOI)        | 2     | 4546  | -5,586 |
| 905  | Himbeeren (BOI)     | 1     | 2180  | -5,525 |
| 114  | Puderrucker (BOI)   | 6     | 12796 | -5,494 |
| 628  | Gelatine (BOI)      | 2     | 4170  | -5,461 |

## Menüart→Salat→Eier & Käse

ID: 139, Häufigkeit: 2963/168867

### Typisch

| ID    | Zutat                    | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------|-------|-------|-------|
| 15403 | Orangenblütenhonig (BOI) | 1     | 1     | 5,833 |
| 14373 | Kalamata-Oliven (BOI)    | 1     | 1     | 5,833 |
| 15572 | Putenschinken (BOI)      | 1     | 1     | 5,833 |
| 11594 | Meerfenchel (BOI)        | 1     | 1     | 5,833 |
| 15356 | Karottensalat (BOI)      | 1     | 1     | 5,833 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 406  | Backpulver (BOI)    | 1     | 22319 | -8,613 |
| 555  | Vanillezucker (BOI) | 2     | 16645 | -7,190 |
| 1618 | Schokolade (BOI)    | 1     | 7052  | -6,951 |
| 484  | Speisestärke (BOI)  | 1     | 6809  | -6,901 |
| 770  | Kakaopulver (BOI)   | 1     | 6696  | -6,876 |



## Menüart → Salat → Früchte

ID: 22, Häufigkeit: 2870/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 14681 | Erdbeeressig (BOI)                | 3     | 3     | 5,879 |
| 15163 | Thunfisch in Sonnenblumenöl (BOI) | 1     | 1     | 5,879 |
| 14249 | Grünländer Mild & Nussig (BOI)    | 1     | 1     | 5,879 |
| 14833 | Rettichsprossen (BOI)             | 1     | 1     | 5,879 |
| 7736  | Meeresspargel (BOI)               | 1     | 1     | 5,879 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 1885 | Kuvertüre (BOI)    | 1     | 3040  | -5,691 |
| 406  | Backpulver (BOI)   | 9     | 22319 | -5,397 |
| 1094 | Hefe (BOI)         | 2     | 4845  | -5,364 |
| 561  | Natron (BOI)       | 1     | 1897  | -5,011 |
| 63   | Aubergine(n) (BOI) | 1     | 1830  | -4,959 |

## Menüart → Salat → Fleisch & Wurst

ID: 24, Häufigkeit: 2803/168867

### Typisch

| ID    | Zutat               | $C_c$ | $C_f$ | PMI   |
|-------|---------------------|-------|-------|-------|
| 7736  | Meeresspargel (BOI) | 1     | 1     | 5,913 |
| 155   | Dauerwurst (BOI)    | 2     | 2     | 5,913 |
| 15572 | Putenschinken (BOI) | 1     | 1     | 5,913 |
| 15356 | Karottensalat (BOI) | 1     | 1     | 5,913 |
| 15448 | Pistazienöl (BOI)   | 1     | 1     | 5,913 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 1618 | Schokolade (BOI)     | 1     | 7052  | -6,871 |
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -5,861 |
| 645  | Mascarpone (BOI)     | 1     | 2201  | -5,191 |
| 114  | Puderzucker (BOI)    | 6     | 12796 | -5,146 |
| 203  | Saucenbinder (BOI)   | 1     | 1802  | -4,903 |

## Zubereitungsarten → Brotspeise

ID: 73, Häufigkeit: 2766/168867

### Typisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------|-------|-------|-------|
| 15565 | Chesterkäse (BOI)       | 1     | 1     | 5,932 |
| 15333 | Vollkornbrötchen (BOI)  | 3     | 3     | 5,932 |
| 1027  | Thon, naturel (BOI)     | 1     | 1     | 5,932 |
| 15577 | Ciabattabrötchen (BOI)  | 1     | 1     | 5,932 |
| 15255 | Hamburgerbrötchen (BOI) | 7     | 7     | 5,932 |

### Untypisch

| ID   | Zutat                   | $C_c$ | $C_f$ | PMI    |
|------|-------------------------|-------|-------|--------|
| 1885 | Kuvertüre (BOI)         | 1     | 3040  | -5,638 |
| 760  | Schokoladenraspel (BOI) | 1     | 1483  | -4,602 |
| 1848 | Likör (BOI)             | 1     | 1337  | -4,453 |
| 1554 | Blätterteig (BOI)       | 2     | 2249  | -4,203 |
| 770  | Kakaopulver (BOI)       | 6     | 6696  | -4,192 |

## Menüart → Salat → Reis/Nudeln/Getreide

ID: 140, Häufigkeit: 2622/168867

### Typisch

| ID    | Zutat                                              | $C_c$ | $C_f$ | PMI   |
|-------|----------------------------------------------------|-------|-------|-------|
| 15572 | Putenschinken (BOI)                                | 1     | 1     | 6,009 |
| 2642  | Löwensenf Würz- und Rouladentraum (BOI)            | 1     | 1     | 6,009 |
| 9120  | Miracel Whip So Leicht (BOI)                       | 1     | 1     | 6,009 |
| 14373 | Kalamata-Oliven (BOI)                              | 1     | 1     | 6,009 |
| 14359 | Grünländer Chili & Paprika von der Käsetheke (BOI) | 1     | 1     | 6,009 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 114  | Puderzucker (BOI)    | 2     | 12796 | -6,634 |
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -5,764 |
| 175  | Semmelbrösel (BOI)   | 1     | 3283  | -5,672 |
| 71   | Mehl (BOI)           | 14    | 44933 | -5,639 |
| 1097 | Rum (BOI)            | 2     | 4791  | -5,217 |

## Zubereitungsarten→Frühstück

ID: 76, Häufigkeit: 2618/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 15466 | Mandeldrink (BOI)    | 1     | 1     | 6,011 |
| 14310 | Hanföl (BOI)         | 1     | 1     | 6,011 |
| 15081 | Brennnesseltee (BOI) | 1     | 1     | 6,011 |
| 15080 | Kamillentee (BOI)    | 1     | 1     | 6,011 |
| 14885 | Vanilleöl (BOI)      | 1     | 1     | 6,011 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 301  | Brühe (BOI)        | 1     | 5703  | -6,466 |
| 34   | Hackfleisch (BOI)  | 2     | 7501  | -5,862 |
| 175  | Semmelbrösel (BOI) | 1     | 3283  | -5,670 |
| 1252 | Mais (BOI)         | 1     | 2962  | -5,521 |
| 9880 | Salzwasser (BOI)   | 1     | 2480  | -5,265 |

## Spezielles→Geheimrezepte

ID: 158, Häufigkeit: 2610/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 5521  | Weidenröschen (BOI)               | 1     | 1     | 6,016 |
| 14142 | Kühne Deluxe Chipotle Chili (BOI) | 1     | 1     | 6,016 |
| 6561  | Hühnerfüße (BOI)                  | 1     | 1     | 6,016 |
| 5567  | Ebereschen (BOI)                  | 4     | 6     | 5,431 |
| 4783  | Breitwegerich (BOI)               | 2     | 4     | 5,016 |

### Untypisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI    |
|-------|-------------------------|-------|-------|--------|
| 9880  | Salzwasser (BOI)        | 1     | 2480  | -5,260 |
| 7907  | Dinkelmehl (BOI)        | 1     | 1248  | -4,270 |
| 12166 | Sonnenblumenöl (BOI)    | 1     | 978   | -3,918 |
| 10791 | Weißweinessig (BOI)     | 1     | 887   | -3,777 |
| 9738  | Kräuterfrischkäse (BOI) | 1     | 641   | -3,308 |

## Zubereitungsarten→Mehlspeisen

ID: 142, Häufigkeit: 2608/168867

### Typisch

| ID    | Zutat                                           | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------------------------------|-------|-------|-------|
| 8476  | MILRAM Frucht Buttermilch Waldbeere (BOI)       | 1     | 1     | 6,017 |
| 13305 | MinusL Quark-Topfenzubereitung Magerstufe (BOI) | 1     | 1     | 6,017 |
| 15488 | Apfelschorle (BOI)                              | 1     | 1     | 6,017 |
| 15502 | Hochland Käse Creme Gouda leicht (BOI)          | 1     | 1     | 6,017 |
| 14896 | Kochbirne(n) (BOI)                              | 1     | 1     | 6,017 |

### Untypisch

| ID   | Zutat                   | $C_c$ | $C_f$ | PMI    |
|------|-------------------------|-------|-------|--------|
| 6059 | Spaghetti (BOI)         | 1     | 2151  | -5,054 |
| 368  | Nudeln (BOI)            | 4     | 6466  | -4,642 |
| 162  | Lorbeerblätter (BOI)    | 2     | 3093  | -4,578 |
| 9228 | Ingwerwurzel (BOI)      | 1     | 1010  | -3,963 |
| 307  | Schweineschnitzel (BOI) | 1     | 922   | -3,832 |

## Backen & Süßspeisen→Tarte/Quiche

ID: 51, Häufigkeit: 2350/168867

### Typisch

| ID    | Zutat                               | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------------------|-------|-------|-------|
| 15244 | Veggie-Speck (BOI)                  | 1     | 1     | 6,167 |
| 15243 | Gundelrebe (BOI)                    | 1     | 1     | 6,167 |
| 15405 | Rahmporree (BOI)                    | 1     | 1     | 6,167 |
| 15052 | Butter und Mehl für das Blech (BOI) | 1     | 1     | 6,167 |
| 14544 | Flammkuchenteig (BOI)               | 16    | 26    | 5,467 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 368  | Nudeln (BOI)        | 2     | 6466  | -5,492 |
| 54   | Salatgurke(n) (BOI) | 1     | 2407  | -5,066 |
| 918  | Gelierzucker (BOI)  | 1     | 1837  | -4,676 |
| 203  | Saucenbinder (BOI)  | 1     | 1802  | -4,648 |
| 1611 | Mandarine(n) (BOI)  | 1     | 1488  | -4,372 |

## Zubereitungsarten→Methoden→Barbecue & Grill

ID: 67, Häufigkeit: 2308/168867

### Typisch

| ID    | Zutat                                                      | $C_c$ | $C_f$ | PMI   |
|-------|------------------------------------------------------------|-------|-------|-------|
| 15092 | BBQ-Rub (BOI)                                              | 5     | 5     | 6,193 |
| 15563 | Hornhecht(e) (BOI)                                         | 1     | 1     | 6,193 |
| 14360 | Räucherchips (BOI)                                         | 2     | 2     | 6,193 |
| 15545 | Hochland vegetarische Käse Würstchen herzhaft würzig (BOI) | 1     | 1     | 6,193 |
| 15369 | Fleischkäsebrät (BOI)                                      | 2     | 2     | 6,193 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 1700 | Haselnüsse (BOI)    | 1     | 4160  | -5,829 |
| 406  | Backpulver (BOI)    | 8     | 22319 | -5,253 |
| 628  | Gelatine (BOI)      | 2     | 4170  | -4,833 |
| 555  | Vanillezucker (BOI) | 9     | 16645 | -4,660 |
| 783  | Kirsche(n) (BOI)    | 1     | 1667  | -4,510 |

## Backen & Süßspeisen→Cremes

ID: 52, Häufigkeit: 2242/168867

### Typisch

| ID    | Zutat                                  | $C_c$ | $C_f$ | PMI   |
|-------|----------------------------------------|-------|-------|-------|
| 13812 | Schokobohne(n) (BOI)                   | 2     | 2     | 6,235 |
| 14629 | Limettensaftkonzentrat (BOI)           | 1     | 1     | 6,235 |
| 15130 | Baileys® with a hint of Hazelnut (BOI) | 1     | 1     | 6,235 |
| 7734  | Bailey s Irish Cream (BOI)             | 1     | 2     | 5,235 |
| 9035  | Mokka (BOI)                            | 1     | 3     | 4,650 |

### Untypisch

| ID  | Zutat                  | $C_c$ | $C_f$ | PMI    |
|-----|------------------------|-------|-------|--------|
| 29  | Zwiebel(n) (BOI)       | 2     | 47218 | -8,292 |
| 129 | Petersilie (BOI)       | 1     | 16627 | -7,786 |
| 35  | Paprikapulver (BOI)    | 1     | 12846 | -7,414 |
| 292 | Salz und Pfeffer (BOI) | 4     | 48985 | -7,345 |
| 25  | Tomate(n) (BOI)        | 2     | 20185 | -7,066 |

## Menüart→Hauptspeise→Krustentier & Muscheln

ID: 12, Häufigkeit: 2188/168867

### Typisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------|-------|-------|-------|
| 14773 | Kalbsbratwürste (BOI)   | 1     | 1     | 6,270 |
| 14182 | Krustentierfond (BOI)   | 2     | 2     | 6,270 |
| 14120 | Venusmuscheln (BOI)     | 3     | 3     | 6,270 |
| 14800 | Charentais-Melone (BOI) | 1     | 1     | 6,270 |
| 14409 | Kammuschel(n) (BOI)     | 1     | 1     | 6,270 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI) | 1     | 16645 | -7,753 |
| 1094 | Hefe (BOI)          | 1     | 4845  | -5,972 |
| 406  | Backpulver (BOI)    | 5     | 22319 | -5,854 |
| 1618 | Schokolade (BOI)    | 2     | 7052  | -5,514 |
| 114  | Puderrucker (BOI)   | 4     | 12796 | -5,373 |

## Menüart→Hauptspeise→Eier

ID: 187, Häufigkeit: 2186/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 15244 | Veggie-Speck (BOI)   | 1     | 1     | 6,271 |
| 15243 | Gundelrebe (BOI)     | 1     | 1     | 6,271 |
| 7273  | Rama (BOI)           | 1     | 1     | 6,271 |
| 15528 | Spitzmorcheln (BOI)  | 1     | 1     | 6,271 |
| 15582 | Thüringer Mett (BOI) | 1     | 1     | 6,271 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -5,502 |
| 770  | Kakaopulver (BOI)    | 2     | 6696  | -5,438 |
| 1618 | Schokolade (BOI)     | 3     | 7052  | -4,927 |
| 1518 | Puddingpulver (BOI)  | 2     | 4555  | -4,882 |
| 561  | Natron (BOI)         | 1     | 1897  | -4,618 |

## Regional→Amerika→USA & Kanada

ID: 99, Häufigkeit: 2153/168867

### Typisch

| ID    | Zutat                                | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------------------|-------|-------|-------|
| 14142 | Kühne Deluxe Chipotle Chili (BOI)    | 1     | 1     | 6,293 |
| 15332 | Sandwichbrötchen (BOI)               | 1     | 1     | 6,293 |
| 15425 | Pastrami (BOI)                       | 1     | 1     | 6,293 |
| 14746 | ¡b¡Für die Cheddar-Taler::¡/b¡ (BOI) | 1     | 1     | 6,293 |
| 15307 | Marshmallow Creme (BOI)              | 2     | 2     | 6,293 |

### Untypisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI    |
|-------|-------------------------|-------|-------|--------|
| 14988 | Wacholderbeere(n) (BOI) | 1     | 1378  | -4,135 |
| 1562  | Bandnudeln (BOI)        | 1     | 1260  | -4,006 |
| 1375  | Linsen (BOI)            | 1     | 1250  | -3,994 |
| 8102  | Cocktailtomaten (BOI)   | 1     | 1101  | -3,811 |
| 172   | Fenchel (BOI)           | 1     | 1071  | -3,771 |

## Zubereitungsarten→Methoden→Wok

ID: 126, Häufigkeit: 2078/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 15284 | Sojafilet(s) (BOI)   | 1     | 1     | 6,345 |
| 15217 | Tafelessig (BOI)     | 1     | 1     | 6,345 |
| 15236 | Ingwersaft (BOI)     | 1     | 1     | 6,345 |
| 15552 | Ingwerpaste (BOI)    | 1     | 1     | 6,345 |
| 2195  | Bambusscheiben (BOI) | 30    | 44    | 5,792 |

### Untypisch

| ID   | Zutat                  | $C_c$ | $C_f$ | PMI    |
|------|------------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI)    | 1     | 16645 | -7,678 |
| 1618 | Schokolade (BOI)       | 1     | 7052  | -6,439 |
| 1097 | Rum (BOI)              | 1     | 4791  | -5,882 |
| 1700 | Haselnüsse (BOI)       | 1     | 4160  | -5,678 |
| 1607 | Vanilleschote(n) (BOI) | 1     | 3219  | -5,308 |

## Menüart→Beilage→Kartoffeln

ID: 28, Häufigkeit: 2074/168867

### Typisch

| ID    | Zutat                      | $C_c$ | $C_f$ | PMI   |
|-------|----------------------------|-------|-------|-------|
| 2750  | FUCHS Rosmarin (BOI)       | 1     | 1     | 6,347 |
| 13265 | Ofenkartoffel(n) (BOI)     | 1     | 2     | 5,347 |
| 69    | Galbani Parmesan (BOI)     | 1     | 2     | 5,347 |
| 15204 | Pflanzenmargarine (BOI)    | 1     | 3     | 4,762 |
| 14531 | Kaffir-Limettenblatt (BOI) | 1     | 3     | 4,762 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI) | 2     | 16645 | -6,675 |
| 1618 | Schokolade (BOI)    | 1     | 7052  | -6,436 |
| 770  | Kakaopulver (BOI)   | 1     | 6696  | -6,362 |
| 1097 | Rum (BOI)           | 1     | 4791  | -5,879 |
| 1605 | Banane(n) (BOI)     | 1     | 3988  | -5,614 |

## Regional→Europa→Österreich

ID: 90, Häufigkeit: 1972/168867

### Typisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------|-------|-------|-------|
| 7273  | Rama (BOI)              | 1     | 1     | 6,420 |
| 1299  | Selchschopf (BOI)       | 2     | 2     | 6,420 |
| 279   | Kalbsknochenbrühe (BOI) | 2     | 2     | 6,420 |
| 15259 | Spanferkelbauch (BOI)   | 1     | 1     | 6,420 |
| 15285 | Rinderschnitzel (BOI)   | 1     | 1     | 6,420 |

### Untypisch

| ID   | Zutat                       | $C_c$ | $C_f$ | PMI    |
|------|-----------------------------|-------|-------|--------|
| 40   | Limette(n) (BOI)            | 1     | 2262  | -4,723 |
| 6059 | Spaghetti (BOI)             | 1     | 2151  | -4,651 |
| 63   | Aubergine(n) (BOI)          | 1     | 1830  | -4,418 |
| 1507 | Kurkuma (BOI)               | 1     | 1793  | -4,388 |
| 243  | Hähnchenbrustfilet(s) (BOI) | 2     | 2941  | -4,102 |

## Zubereitungsarten→Krustentier & Muscheln

ID: 80, Häufigkeit: 1917/168867

### Typisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------|-------|-------|-------|
| 14182 | Krustentierfond (BOI)   | 2     | 2     | 6,461 |
| 14120 | Venusmuscheln (BOI)     | 3     | 3     | 6,461 |
| 14800 | Charentais-Melone (BOI) | 1     | 1     | 6,461 |
| 14409 | Kammmuschel(n) (BOI)    | 1     | 1     | 6,461 |
| 15536 | Meeresschnecken (BOI)   | 1     | 1     | 6,461 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 770  | Kakaopulver (BOI)   | 1     | 6696  | -6,248 |
| 555  | Vanillezucker (BOI) | 4     | 16645 | -5,562 |
| 1618 | Schokolade (BOI)    | 2     | 7052  | -5,323 |
| 114  | Pudierzucker (BOI)  | 5     | 12796 | -4,861 |
| 34   | Hackfleisch (BOI)   | 3     | 7501  | -4,827 |

## Backen & Süßspeisen→Eis

ID: 50, Häufigkeit: 1712/168867

### Typisch

| ID    | Zutat                  | $C_c$ | $C_f$ | PMI   |
|-------|------------------------|-------|-------|-------|
| 15461 | Schokoladensirup (BOI) | 1     | 1     | 6,624 |
| 14449 | Eiswaffel(n) (BOI)     | 1     | 1     | 6,624 |
| 14061 | Himbeerlikör (BOI)     | 1     | 1     | 6,624 |
| 14595 | Aloe vera (BOI)        | 1     | 1     | 6,624 |
| 14871 | Pfefferminzsirup (BOI) | 1     | 1     | 6,624 |

### Untypisch

| ID  | Zutat                  | $C_c$ | $C_f$ | PMI    |
|-----|------------------------|-------|-------|--------|
| 29  | Zwiebel(n) (BOI)       | 1     | 47218 | -8,903 |
| 25  | Tomate(n) (BOI)        | 1     | 20185 | -7,677 |
| 30  | Knoblauch (BOI)        | 1     | 19118 | -7,599 |
| 292 | Salz und Pfeffer (BOI) | 3     | 48985 | -7,371 |
| 35  | Paprikapulver (BOI)    | 1     | 12846 | -7,025 |

## Backen & Süßspeisen→Konfiserie

ID: 170, Häufigkeit: 1682/168867

### Typisch

| ID    | Zutat                     | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------|-------|-------|-------|
| 9806  | Isomalt (BOI)             | 1     | 1     | 6,650 |
| 12551 | Gummi arabicum (BOI)      | 1     | 1     | 6,650 |
| 9366  | Hohlkörper (BOI)          | 10    | 10    | 6,650 |
| 9817  | Pralinenhohlkugeln (BOI)  | 38    | 38    | 6,650 |
| 14317 | Überraschungsei(er) (BOI) | 1     | 1     | 6,650 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 126  | Kartoffel(n) (BOI) | 1     | 14622 | -7,186 |
| 170  | Senf (BOI)         | 1     | 8768  | -6,448 |
| 3393 | Olivenöl (BOI)     | 3     | 23763 | -6,302 |
| 163  | Thymian (BOI)      | 1     | 7495  | -6,222 |
| 66   | Basilikum (BOI)    | 1     | 7445  | -6,212 |

## Regional→Europa→Frankreich

ID: 91, Häufigkeit: 1662/168867

### Typisch

| ID    | Zutat                     | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------|-------|-------|-------|
| 14550 | Maishuhn (BOI)            | 1     | 1     | 6,667 |
| 14597 | Barbarieente (BOI)        | 1     | 1     | 6,667 |
| 14162 | Kühne Weißweinessig (BOI) | 1     | 1     | 6,667 |
| 11919 | Pansen (BOI)              | 1     | 1     | 6,667 |
| 14001 | Maronipüree (BOI)         | 1     | 2     | 5,667 |

### Untypisch

| ID   | Zutat            | $C_c$ | $C_f$ | PMI    |
|------|------------------|-------|-------|--------|
| 13   | Ananas (BOI)     | 1     | 2931  | -4,850 |
| 928  | Kokosmilch (BOI) | 1     | 2849  | -4,809 |
| 9880 | Salzwasser (BOI) | 1     | 2480  | -4,609 |
| 1507 | Kurkuma (BOI)    | 1     | 1793  | -4,141 |
| 1824 | Saft (BOI)       | 1     | 1370  | -3,753 |

## Zubereitungsarten→Methoden→Frittieren

ID: 146, Häufigkeit: 1652/168867

### Typisch

| ID    | Zutat                  | $C_c$ | $C_f$ | PMI   |
|-------|------------------------|-------|-------|-------|
| 14134 | Zucchiniblüte(n) (BOI) | 1     | 1     | 6,676 |
| 14936 | Tempuramehl (BOI)      | 1     | 1     | 6,676 |
| 14935 | Shisokresse (BOI)      | 1     | 1     | 6,676 |
| 14636 | Erdnussflips (BOI)     | 1     | 1     | 6,676 |
| 14205 | Wan Tan-Blätter (BOI)  | 2     | 2     | 6,676 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 645  | Mascarpone (BOI)    | 1     | 2201  | -4,428 |
| 984  | Kekse (BOI)         | 1     | 1699  | -4,055 |
| 985  | Nelke(n) (BOI)      | 1     | 1647  | -4,010 |
| 982  | Amaretto (BOI)      | 1     | 1350  | -3,723 |
| 3308 | Sauerkirschen (BOI) | 1     | 1288  | -3,655 |

## Menüart→Salat→Krustentier & Fisch

ID: 23, Häufigkeit: 1618/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 15163 | Thunfisch in Sonnenblumenöl (BOI) | 1     | 1     | 6,706 |
| 14833 | Rettichsprossen (BOI)             | 1     | 1     | 6,706 |
| 1086  | Salzhering(e) (BOI)               | 43    | 80    | 5,810 |
| 9869  | Matjesfilet(s) (BOI)              | 93    | 177   | 5,777 |
| 14048 | Senfgurke(n) (BOI)                | 1     | 2     | 5,706 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 406  | Backpulver (BOI)    | 1     | 22319 | -7,740 |
| 555  | Vanillezucker (BOI) | 2     | 16645 | -6,317 |
| 1097 | Rum (BOI)           | 1     | 4791  | -5,521 |
| 1597 | Mandel(n) (BOI)     | 2     | 8099  | -5,278 |
| 71   | Mehl (BOI)          | 12    | 44933 | -5,165 |

## Menüart→Salat→Salatdressing

ID: 21, Häufigkeit: 1563/168867

### Typisch

| ID    | Zutat              | $C_c$ | $C_f$ | PMI   |
|-------|--------------------|-------|-------|-------|
| 7273  | Rama (BOI)         | 1     | 1     | 6,755 |
| 11594 | Meerfenchel (BOI)  | 1     | 1     | 6,755 |
| 14445 | Dillsamen (BOI)    | 1     | 1     | 6,755 |
| 13532 | Kapernapfel (BOI)  | 1     | 1     | 6,755 |
| 14961 | Traubengelee (BOI) | 1     | 1     | 6,755 |

### Untypisch

| ID   | Zutat            | $C_c$ | $C_f$ | PMI    |
|------|------------------|-------|-------|--------|
| 406  | Backpulver (BOI) | 1     | 22319 | -7,691 |
| 620  | Fett (BOI)       | 1     | 9509  | -6,460 |
| 3562 | Eiweiß (BOI)     | 1     | 4546  | -5,395 |
| 1618 | Schokolade (BOI) | 2     | 7052  | -5,028 |
| 71   | Mehl (BOI)       | 13    | 44933 | -5,000 |

## Menüart→Suppen→Spezial

ID: 8, Häufigkeit: 1537/168867

### Typisch

| ID    | Zutat              | $C_c$ | $C_f$ | PMI   |
|-------|--------------------|-------|-------|-------|
| 9247  | Metil (BOI)        | 1     | 1     | 6,780 |
| 898   | Gulaschsuppe (BOI) | 2     | 5     | 5,458 |
| 11898 | Karkasse(n) (BOI)  | 1     | 3     | 5,195 |
| 998   | Strohpilze (BOI)   | 1     | 3     | 5,195 |
| 4930  | Beinwell (BOI)     | 1     | 3     | 5,195 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 406  | Backpulver (BOI)  | 1     | 22319 | -7,666 |
| 1618 | Schokolade (BOI)  | 1     | 7052  | -6,004 |
| 628  | Gelatine (BOI)    | 1     | 4170  | -5,246 |
| 1700 | Haselnüsse (BOI)  | 1     | 4160  | -5,243 |
| 770  | Kakaopulver (BOI) | 2     | 6696  | -4,929 |



## Getränke→Likör

ID: 166, Häufigkeit: 1386/168867

### Typisch

| ID    | Zutat                                        | $C_c$ | $C_f$ | PMI   |
|-------|----------------------------------------------|-------|-------|-------|
| 15128 | Baileys® with a Hint of Coffee Flavour (BOI) | 1     | 1     | 6,929 |
| 15129 | Baileys® Original Irish Cream Liqueur (BOI)  | 3     | 3     | 6,929 |
| 15132 | Baileys® Original Irish Cream (BOI)          | 1     | 1     | 6,929 |
| 15130 | Baileys® with a hint of Hazelnut (BOI)       | 1     | 1     | 6,929 |
| 9359  | Tausendgüldenkraut (BOI)                     | 3     | 3     | 6,929 |

### Untypisch

| ID   | Zutat                  | $C_c$ | $C_f$ | PMI    |
|------|------------------------|-------|-------|--------|
| 71   | Mehl (BOI)             | 1     | 44933 | -8,527 |
| 406  | Backpulver (BOI)       | 1     | 22319 | -7,517 |
| 25   | Tomate(n) (BOI)        | 1     | 20185 | -7,372 |
| 30   | Knoblauch (BOI)        | 1     | 19118 | -7,294 |
| 5675 | Knoblauchzehe(n) (BOI) | 1     | 16681 | -7,097 |

## Spezielles→Ernährungskonzepte→Low fat 30

ID: 179, Häufigkeit: 1303/168867

### Typisch

| ID    | Zutat                    | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------|-------|-------|-------|
| 69    | Galbani Parmesan (BOI)   | 1     | 2     | 6,018 |
| 14799 | Gemüsemeerrettich (BOI)  | 1     | 3     | 5,433 |
| 14839 | Nussöl (BOI)             | 1     | 4     | 5,018 |
| 14809 | Mangofruchtfleisch (BOI) | 1     | 5     | 4,696 |
| 14426 | Schmelzflocken (BOI)     | 1     | 7     | 4,211 |

### Untypisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI    |
|-------|----------------------|-------|-------|--------|
| 645   | Mascarpone (BOI)     | 1     | 2201  | -4,086 |
| 689   | Speck (BOI)          | 3     | 5346  | -3,781 |
| 675   | süße Sahne (BOI)     | 2     | 2827  | -3,447 |
| 749   | Rinderbrühe (BOI)    | 1     | 1027  | -2,986 |
| 12166 | Sonnenblumenöl (BOI) | 1     | 978   | -2,916 |

## Menüart→Salat→Kartoffel

ID: 138, Häufigkeit: 1207/168867

### Typisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------|-------|-------|-------|
| 15356 | Karottensalat (BOI)     | 1     | 1     | 7,128 |
| 14221 | Kartoffelwasser (BOI)   | 1     | 1     | 7,128 |
| 11495 | Knoblauchrauke (BOI)    | 1     | 1     | 7,128 |
| 4966  | Kartoffelsalat (BOI)    | 4     | 6     | 6,543 |
| 13904 | Bismarckhering(e) (BOI) | 2     | 4     | 6,128 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 114  | Puderrucker (BOI)  | 1     | 12796 | -6,515 |
| 484  | Speisestärke (BOI) | 1     | 6809  | -5,605 |
| 628  | Gelatine (BOI)     | 1     | 4170  | -4,898 |
| 1597 | Mandel(n) (BOI)    | 2     | 8099  | -4,855 |
| 1605 | Banane(n) (BOI)    | 1     | 3988  | -4,833 |

## Zubereitungsarten→Methoden→Marinieren

ID: 150, Häufigkeit: 1195/168867

### Typisch

| ID    | Zutat                      | $C_c$ | $C_f$ | PMI   |
|-------|----------------------------|-------|-------|-------|
| 15031 | Pfefferkörner, bunte (BOI) | 1     | 1     | 7,143 |
| 1895  | Limettenmarmelade (BOI)    | 1     | 2     | 6,143 |
| 14444 | Heringsfilet(s) (BOI)      | 3     | 7     | 5,920 |
| 14662 | Fingermöhre(n) (BOI)       | 1     | 3     | 5,558 |
| 1086  | Salzhering(e) (BOI)        | 26    | 80    | 5,521 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI) | 1     | 16645 | -6,880 |
| 1618 | Schokolade (BOI)    | 1     | 7052  | -5,641 |
| 183  | Margarine (BOI)     | 1     | 6101  | -5,432 |
| 1700 | Haselnüsse (BOI)    | 1     | 4160  | -4,880 |
| 1597 | Mandel(n) (BOI)     | 2     | 8099  | -4,841 |



## Menüart → Hauptspeise → Pizza

ID: 125, Häufigkeit: 1179/168867

### Typisch

| ID    | Zutat                 | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------|-------|-------|-------|
| 14964 | Pizzasauce (BOI)      | 2     | 2     | 7,162 |
| 14759 | Pizzen (BOI)          | 1     | 1     | 7,162 |
| 9157  | Pizza (BOI)           | 8     | 10    | 6,840 |
| 461   | Pizzateig (BOI)       | 167   | 272   | 6,458 |
| 15086 | Weizensauerteig (BOI) | 1     | 2     | 6,162 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI) | 1     | 16645 | -6,861 |
| 114  | Pudierzucker (BOI)  | 2     | 12796 | -5,481 |
| 245  | Ingwer (BOI)        | 1     | 4659  | -5,024 |
| 1700 | Haselnüsse (BOI)    | 1     | 4160  | -4,860 |
| 916  | Orange(n) (BOI)     | 1     | 4156  | -4,859 |

## Regional → Europa → Spanien

ID: 92, Häufigkeit: 1108/168867

### Typisch

| ID    | Zutat                     | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------|-------|-------|-------|
| 15085 | Fadenmudeln (BOI)         | 1     | 1     | 7,252 |
| 14577 | Tintenfischfilet(s) (BOI) | 3     | 4     | 6,837 |
| 1868  | Gofio (BOI)               | 2     | 3     | 6,667 |
| 4082  | Kaisergranat(e) (BOI)     | 1     | 2     | 6,252 |
| 14965 | Manchego (BOI)            | 1     | 2     | 6,252 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 245  | Ingwer (BOI)        | 2     | 4659  | -3,934 |
| 918  | Gelierzucker (BOI)  | 1     | 1837  | -3,591 |
| 1635 | Nüsse (BOI)         | 1     | 1810  | -3,570 |
| 199  | Butterschmalz (BOI) | 2     | 3409  | -3,483 |
| 830  | Grieß (BOI)         | 1     | 1687  | -3,468 |

## Menüart → Hauptspeise → Wild & Kaninchen

ID: 16, Häufigkeit: 1045/168867

### Typisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------|-------|-------|-------|
| 14027 | Wildgewürz (BOI)        | 9     | 9     | 7,336 |
| 8160  | Kaninchenkeule(n) (BOI) | 37    | 37    | 7,336 |
| 15106 | Hirschkeule (BOI)       | 4     | 4     | 7,336 |
| 6660  | Hase(n) (BOI)           | 32    | 32    | 7,336 |
| 816   | Hirschfleisch (BOI)     | 86    | 86    | 7,336 |

### Untypisch

| ID  | Zutat                       | $C_c$ | $C_f$ | PMI    |
|-----|-----------------------------|-------|-------|--------|
| 555 | Vanillezucker (BOI)         | 1     | 16645 | -6,687 |
| 243 | Hähnchenbrustfilet(s) (BOI) | 1     | 2941  | -4,186 |
| 493 | Quark (BOI)                 | 2     | 5847  | -4,177 |
| 774 | Kokosraspel (BOI)           | 1     | 2903  | -4,167 |
| 494 | Naturjoghurt (BOI)          | 1     | 2776  | -4,103 |

## Regional → Europa → Griechenland

ID: 118, Häufigkeit: 1029/168867

### Typisch

| ID    | Zutat                            | $C_c$ | $C_f$ | PMI   |
|-------|----------------------------------|-------|-------|-------|
| 11594 | Meerfenchel (BOI)                | 1     | 1     | 7,359 |
| 10960 | Patros Natur (BOI)               | 1     | 1     | 7,359 |
| 14304 | Patros Feta aus Schafmilch (BOI) | 1     | 1     | 7,359 |
| 2051  | Weinblätter (BOI)                | 16    | 41    | 6,001 |
| 1588  | Ouzo (BOI)                       | 14    | 37    | 5,956 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 1618 | Schokolade (BOI)  | 1     | 7052  | -5,425 |
| 1097 | Rum (BOI)         | 1     | 4791  | -4,868 |
| 107  | Apfel (BOI)       | 1     | 2948  | -4,167 |
| 770  | Kakaopulver (BOI) | 3     | 6696  | -3,766 |
| 645  | Mascarpone (BOI)  | 1     | 2201  | -3,745 |

## Menüart → Suppen → Klare

ID: 6, Häufigkeit: 978/168867

### Typisch

| ID    | Zutat                 | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------|-------|-------|-------|
| 9247  | Metil (BOI)           | 1     | 1     | 7,432 |
| 15582 | Thüringer Mett (BOI)  | 1     | 1     | 7,432 |
| 12493 | Wellfleisch (BOI)     | 1     | 1     | 7,432 |
| 11898 | Karkasse(n) (BOI)     | 2     | 3     | 6,847 |
| 10026 | Entenstopfleber (BOI) | 1     | 2     | 6,432 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI) | 1     | 16645 | -6,591 |
| 114  | Puderzucker (BOI)   | 1     | 12796 | -6,212 |
| 169  | Joghurt (BOI)       | 1     | 5688  | -5,042 |
| 1094 | Hefe (BOI)          | 1     | 4845  | -4,810 |
| 406  | Backpulver (BOI)    | 5     | 22319 | -4,692 |

## Menüart → Suppen → Einlagen

ID: 168, Häufigkeit: 961/168867

### Typisch

| ID    | Zutat                  | $C_c$ | $C_f$ | PMI   |
|-------|------------------------|-------|-------|-------|
| 9247  | Metil (BOI)            | 1     | 1     | 7,457 |
| 15582 | Thüringer Mett (BOI)   | 1     | 1     | 7,457 |
| 15085 | Fadennudeln (BOI)      | 1     | 1     | 7,457 |
| 14130 | Suppennudeln (BOI)     | 7     | 13    | 6,564 |
| 14548 | Tintenfischringe (BOI) | 2     | 4     | 6,457 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 1094 | Hefe (BOI)           | 1     | 4845  | -4,785 |
| 628  | Gelatine (BOI)       | 1     | 4170  | -4,569 |
| 555  | Vanillezucker (BOI)  | 4     | 16645 | -4,566 |
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -4,316 |
| 114  | Puderzucker (BOI)    | 4     | 12796 | -4,186 |

## Regional → Asien → Indisch

ID: 97, Häufigkeit: 946/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 15172 | Mini Naan Brot (BOI)              | 1     | 1     | 7,480 |
| 15193 | iglo Rahm-Gemüse Blumenkohl (BOI) | 1     | 1     | 7,480 |
| 14063 | Tamarindenmark (BOI)              | 1     | 1     | 7,480 |
| 4882  | iglo Rahm-Blattspinat (BOI)       | 1     | 1     | 7,480 |
| 11812 | Adiowan (BOI)                     | 3     | 4     | 7,065 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 3563 | Eigelb (BOI)        | 1     | 9391  | -5,717 |
| 555  | Vanillezucker (BOI) | 3     | 16645 | -4,958 |
| 1097 | Rum (BOI)           | 1     | 4791  | -4,746 |
| 1518 | Puddingpulver (BOI) | 1     | 4555  | -4,673 |
| 3562 | Eiweiß (BOI)        | 1     | 4546  | -4,671 |

## Menüart → Beilage → Reis/Getreide

ID: 29, Häufigkeit: 931/168867

### Typisch

| ID    | Zutat             | $C_c$ | $C_f$ | PMI   |
|-------|-------------------|-------|-------|-------|
| 13968 | Lammrack(s) (BOI) | 1     | 1     | 7,503 |
| 14071 | Jasminreis (BOI)  | 4     | 7     | 6,696 |
| 14220 | Orangensenf (BOI) | 1     | 2     | 6,503 |
| 2323  | Konbu (BOI)       | 2     | 5     | 6,181 |
| 14834 | Seitanmehl (BOI)  | 1     | 3     | 5,918 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI) | 2     | 16645 | -5,520 |
| 406  | Backpulver (BOI)    | 4     | 22319 | -4,943 |
| 1518 | Puddingpulver (BOI) | 1     | 4555  | -4,650 |
| 1700 | Haselnüsse (BOI)    | 1     | 4160  | -4,519 |
| 114  | Puderzucker (BOI)   | 4     | 12796 | -4,141 |

## Regional→Asien→Chinesisch

ID: 95, Häufigkeit: 908/168867

### Typisch

| ID    | Zutat                        | $C_c$ | $C_f$ | PMI   |
|-------|------------------------------|-------|-------|-------|
| 15217 | Tafelessig (BOI)             | 1     | 1     | 7,539 |
| 6561  | Hühnerfüße (BOI)             | 1     | 1     | 7,539 |
| 5009  | Maltose (BOI)                | 2     | 2     | 7,539 |
| 8369  | Wasserbrotwurzel(n)<br>(BOI) | 1     | 1     | 7,539 |
| 14096 | Bohnenpaste (BOI)            | 2     | 3     | 6,954 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI) | 1     | 16645 | -6,484 |
| 1957 | Äpfel (BOI)         | 1     | 5764  | -4,954 |
| 727  | Frischkäse (BOI)    | 1     | 5272  | -4,825 |
| 798  | Muskat (BOI)        | 2     | 9687  | -4,703 |
| 1518 | Puddingpulver (BOI) | 1     | 4555  | -4,614 |

## Menüart→Salat→Warme Salate

ID: 25, Häufigkeit: 890/168867

### Typisch

| ID    | Zutat                                                      | $C_c$ | $C_f$ | PMI   |
|-------|------------------------------------------------------------|-------|-------|-------|
| 11495 | Knoblauchrauke (BOI)                                       | 1     | 1     | 7,568 |
| 14359 | Grünländer Chili & Pa-<br>prika von der Käsetheke<br>(BOI) | 1     | 1     | 7,568 |
| 15465 | Europagrass (BOI)                                          | 1     | 1     | 7,568 |
| 15581 | Mönchsbart (BOI)                                           | 1     | 1     | 7,568 |
| 15064 | Estragonblätter (BOI)                                      | 1     | 1     | 7,568 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI) | 2     | 16645 | -5,455 |
| 1618 | Schokolade (BOI)    | 1     | 7052  | -5,216 |
| 1097 | Rum (BOI)           | 1     | 4791  | -4,658 |
| 136  | Zimt (BOI)          | 3     | 9610  | -4,077 |
| 493  | Quark (BOI)         | 2     | 5847  | -3,946 |

## Getränke→Cocktail→Alkoholfrei

ID: 108, Häufigkeit: 884/168867

### Typisch

| ID    | Zutat               | $C_c$ | $C_f$ | PMI   |
|-------|---------------------|-------|-------|-------|
| 2340  | Hirtentäschel (BOI) | 1     | 1     | 7,578 |
| 11480 | Klettlabkraut (BOI) | 1     | 1     | 7,578 |
| 15554 | Schorle (BOI)       | 1     | 1     | 7,578 |
| 13884 | Limettensirup (BOI) | 1     | 1     | 7,578 |
| 8838  | Direktsaft (BOI)    | 1     | 2     | 6,578 |

### Untypisch

| ID  | Zutat            | $C_c$ | $C_f$ | PMI    |
|-----|------------------|-------|-------|--------|
| 29  | Zwiebel(n) (BOI) | 1     | 47218 | -7,949 |
| 70  | Butter (BOI)     | 1     | 46513 | -7,928 |
| 71  | Mehl (BOI)       | 1     | 44933 | -7,878 |
| 406 | Backpulver (BOI) | 1     | 22319 | -6,868 |
| 776 | Käse (BOI)       | 1     | 15000 | -6,295 |

## Saisonal→Ostern

ID: 58, Häufigkeit: 869/168867

### Typisch

| ID    | Zutat                     | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------|-------|-------|-------|
| 14317 | Überraschungsei(er) (BOI) | 1     | 1     | 7,602 |
| 9658  | Wachtelbrüste (BOI)       | 1     | 2     | 6,602 |
| 10026 | Entenstopfleber (BOI)     | 1     | 2     | 6,602 |
| 2238  | Zickleinkeule(n) (BOI)    | 2     | 4     | 6,602 |
| 15363 | Forellenkaviar (BOI)      | 1     | 2     | 6,602 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 368  | Nudeln (BOI)         | 2     | 6466  | -4,056 |
| 134  | Mozzarella (BOI)     | 2     | 3163  | -3,025 |
| 67   | Chilischote(n) (BOI) | 4     | 6185  | -2,992 |
| 624  | Peperoni (BOI)       | 1     | 1346  | -2,792 |
| 1562 | Bandnudeln (BOI)     | 1     | 1260  | -2,697 |

## Regional→Europa→Türkei

ID: 133, Häufigkeit: 852/168867

### Typisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------|-------|-------|-------|
| 15320 | Ackerrettich (BOI)      | 1     | 1     | 7,631 |
| 15319 | Ackersenf (BOI)         | 2     | 2     | 7,631 |
| 11594 | Meerfenchel (BOI)       | 1     | 1     | 7,631 |
| 14925 | Selters (BOI)           | 1     | 1     | 7,631 |
| 14223 | Yufka-Teigblätter (BOI) | 9     | 15    | 6,894 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 1618 | Schokolade (BOI)    | 1     | 7052  | -5,153 |
| 689  | Speck (BOI)         | 1     | 5346  | -4,753 |
| 3345 | Currypulver (BOI)   | 1     | 4612  | -4,540 |
| 1518 | Puddingpulver (BOI) | 1     | 4555  | -4,522 |
| 1605 | Banane(n) (BOI)     | 1     | 3988  | -4,331 |

## Regional→Asien→Thailand

ID: 132, Häufigkeit: 834/168867

### Typisch

| ID    | Zutat                    | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------|-------|-------|-------|
| 15465 | Europagrass (BOI)        | 1     | 1     | 7,662 |
| 15498 | Thai-Aubergine(n) (BOI)  | 1     | 1     | 7,662 |
| 15499 | Schlangenbohnen (BOI)    | 1     | 1     | 7,662 |
| 9138  | Korianderwurzel(n) (BOI) | 15    | 19    | 7,321 |
| 998   | Strohpilze (BOI)         | 2     | 3     | 7,077 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI) | 1     | 16645 | -6,361 |
| 1618 | Schokolade (BOI)    | 1     | 7052  | -5,122 |
| 114  | Puderzucker (BOI)   | 2     | 12796 | -4,982 |
| 99   | Schmand (BOI)       | 1     | 5488  | -4,760 |
| 457  | Oregano (BOI)       | 1     | 5080  | -4,649 |

## Getränke→Cocktail→Longdrink

ID: 105, Häufigkeit: 802/168867

### Typisch

| ID    | Zutat               | $C_c$ | $C_f$ | PMI   |
|-------|---------------------|-------|-------|-------|
| 13884 | Limettensirup (BOI) | 1     | 1     | 7,718 |
| 14766 | Limequat(s) (BOI)   | 1     | 1     | 7,718 |
| 589   | Gold Rum (BOI)      | 3     | 3     | 7,718 |
| 14190 | Aperitifwein (BOI)  | 2     | 2     | 7,718 |
| 15070 | Raki (BOI)          | 1     | 1     | 7,718 |

### Untypisch

| ID   | Zutat            | $C_c$ | $C_f$ | PMI    |
|------|------------------|-------|-------|--------|
| 25   | Tomate(n) (BOI)  | 1     | 20185 | -6,583 |
| 129  | Petersilie (BOI) | 1     | 16627 | -6,303 |
| 36   | Ei(er) (BOI)     | 3     | 49179 | -6,283 |
| 184  | Öl (BOI)         | 2     | 31779 | -6,238 |
| 1505 | Kräuter (BOI)    | 1     | 7062  | -5,068 |

## Regional→Mittlerer und Naher Osten

ID: 184, Häufigkeit: 731/168867

### Typisch

| ID    | Zutat                      | $C_c$ | $C_f$ | PMI   |
|-------|----------------------------|-------|-------|-------|
| 13970 | Kichererbsensprossen (BOI) | 1     | 1     | 7,852 |
| 12233 | Mastix (BOI)               | 1     | 1     | 7,852 |
| 11266 | Angelikasamen (BOI)        | 1     | 1     | 7,852 |
| 14356 | Halva (BOI)                | 1     | 1     | 7,852 |
| 15442 | Kurkumawurzel (BOI)        | 1     | 2     | 6,852 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 770  | Kakaopulver (BOI)    | 1     | 6696  | -4,857 |
| 882  | Schinken (BOI)       | 1     | 5673  | -4,618 |
| 170  | Senf (BOI)           | 2     | 8768  | -4,246 |
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -3,922 |
| 200  | Schlagsahne (BOI)    | 3     | 8030  | -3,534 |

## Getränke→Bowle

ID: 109, Häufigkeit: 724/168867

### Typisch

| ID    | Zutat             | $C_c$ | $C_f$ | PMI   |
|-------|-------------------|-------|-------|-------|
| 14766 | Limequat(s) (BOI) | 1     | 1     | 7,866 |
| 9805  | Zuckerhut (BOI)   | 6     | 10    | 7,129 |
| 992   | Sekt (BOI)        | 378   | 819   | 6,750 |
| 424   | Weizenbier (BOI)  | 15    | 37    | 6,563 |
| 2101  | Ginger Ale (BOI)  | 40    | 116   | 6,330 |

### Untypisch

| ID   | Zutat           | $C_c$ | $C_f$ | PMI    |
|------|-----------------|-------|-------|--------|
| 36   | Ei(er) (BOI)    | 1     | 49179 | -7,720 |
| 20   | Pfeffer (BOI)   | 1     | 27796 | -6,897 |
| 6    | Salz (BOI)      | 2     | 54569 | -6,870 |
| 73   | Milch (BOI)     | 3     | 25947 | -5,213 |
| 1597 | Mandel(n) (BOI) | 1     | 8099  | -5,118 |

## Menüart→Hauptspeise→Innereien

ID: 122, Häufigkeit: 713/168867

### Typisch

| ID    | Zutat               | $C_c$ | $C_f$ | PMI   |
|-------|---------------------|-------|-------|-------|
| 14316 | Hühnerherzen (BOI)  | 2     | 2     | 7,888 |
| 14402 | Rinderleber (BOI)   | 4     | 4     | 7,888 |
| 14876 | Lammleber (BOI)     | 2     | 2     | 7,888 |
| 10105 | Hähnchenmägen (BOI) | 4     | 4     | 7,888 |
| 11919 | Pansen (BOI)        | 1     | 1     | 7,888 |

### Untypisch

| ID   | Zutat                  | $C_c$ | $C_f$ | PMI    |
|------|------------------------|-------|-------|--------|
| 406  | Backpulver (BOI)       | 1     | 22319 | -6,558 |
| 4059 | Vanillinzucker (BOI)   | 1     | 3501  | -3,886 |
| 1607 | Vanilleschote(n) (BOI) | 1     | 3219  | -3,765 |
| 114  | Puderzucker (BOI)      | 4     | 12796 | -3,756 |
| 928  | Kokosmilch (BOI)       | 1     | 2849  | -3,588 |

## Spezielles→Ernährungskonzepte→Diabetiker

ID: 41, Häufigkeit: 691/168867

### Typisch

| ID    | Zutat                 | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------|-------|-------|-------|
| 14867 | Pofiber (BOI)         | 1     | 1     | 7,933 |
| 15156 | Kürbiskernmehl (BOI)  | 1     | 1     | 7,933 |
| 14481 | Calciumhydroxid (BOI) | 5     | 6     | 7,670 |
| 14474 | Konjakmehl (BOI)      | 6     | 9     | 7,348 |
| 14259 | Shiratakinudeln (BOI) | 5     | 10    | 6,933 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 986  | Sahnesteif (BOI)  | 1     | 2826  | -3,532 |
| 689  | Speck (BOI)       | 2     | 5346  | -3,451 |
| 645  | Mascarpone (BOI)  | 1     | 2201  | -3,171 |
| 114  | Puderzucker (BOI) | 6     | 12796 | -3,125 |
| 1013 | Pfirsich(e) (BOI) | 1     | 1589  | -2,701 |

## Saisonal→Silvester

ID: 60, Häufigkeit: 681/168867

### Typisch

| ID    | Zutat                 | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------|-------|-------|-------|
| 10026 | Entenstopfleber (BOI) | 2     | 2     | 7,954 |
| 15089 | Pflanzkohle (BOI)     | 1     | 1     | 7,954 |
| 9658  | Wachtelbrüste (BOI)   | 1     | 2     | 6,954 |
| 15086 | Weizensauerteig (BOI) | 1     | 2     | 6,954 |
| 10600 | Aquavit (BOI)         | 1     | 2     | 6,954 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 308  | Zucchini (BOI)     | 1     | 6751  | -4,767 |
| 6059 | Spaghetti (BOI)    | 1     | 2151  | -3,117 |
| 63   | Aubergine(n) (BOI) | 1     | 1830  | -2,884 |
| 1507 | Kurkuma (BOI)      | 1     | 1793  | -2,854 |
| 984  | Kekse (BOI)        | 1     | 1699  | -2,776 |

## Menüart → Beilage → Nudeln

ID: 30, Häufigkeit: 666/168867

### Typisch

| ID    | Zutat                    | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------|-------|-------|-------|
| 14867 | Pofiber (BOI)            | 1     | 1     | 7,986 |
| 14481 | Calciumhydroxid (BOI)    | 3     | 6     | 6,986 |
| 4883  | iglo Knoblauch-Duo (BOI) | 1     | 2     | 6,986 |
| 14474 | Konjakmehl (BOI)         | 3     | 9     | 6,401 |
| 11731 | Speckpulver (BOI)        | 1     | 3     | 6,401 |

### Untypisch

| ID   | Zutat                  | $C_c$ | $C_f$ | PMI    |
|------|------------------------|-------|-------|--------|
| 114  | Puderrucker (BOI)      | 1     | 12796 | -5,657 |
| 406  | Backpulver (BOI)       | 4     | 22319 | -4,460 |
| 1518 | Puddingpulver (BOI)    | 1     | 4555  | -4,167 |
| 759  | Erdbeeren (BOI)        | 1     | 3367  | -3,731 |
| 1607 | Vanilleschote(n) (BOI) | 1     | 3219  | -3,666 |

## Regional → Osteuropa

ID: 143, Häufigkeit: 655/168867

### Typisch

| ID    | Zutat                    | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------|-------|-------|-------|
| 15016 | Ei-Ersatzpulver (BOI)    | 1     | 1     | 8,010 |
| 15293 | Knochenbrühe (BOI)       | 1     | 2     | 7,010 |
| 13022 | Soda (BOI)               | 1     | 4     | 6,010 |
| 15324 | Knoblauchknolle(n) (BOI) | 1     | 4     | 6,010 |
| 873   | Salzgurke(n) (BOI)       | 10    | 46    | 5,809 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 245  | Ingwer (BOI)      | 1     | 4659  | -4,176 |
| 1605 | Banane(n) (BOI)   | 1     | 3988  | -3,951 |
| 262  | Orangensaft (BOI) | 1     | 3202  | -3,635 |
| 928  | Kokosmilch (BOI)  | 1     | 2849  | -3,466 |
| 986  | Sahnesteif (BOI)  | 1     | 2826  | -3,454 |

## Regional → Europa → Schweiz

ID: 89, Häufigkeit: 653/168867

### Typisch

| ID    | Zutat                         | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------------|-------|-------|-------|
| 15259 | Spanferkelbauch (BOI)         | 1     | 1     | 8,015 |
| 14455 | Felche(n) (BOI)               | 1     | 1     | 8,015 |
| 251   | Appenzeller Mostbröckli (BOI) | 2     | 3     | 7,430 |
| 9445  | Coppa (BOI)                   | 1     | 2     | 7,015 |
| 1822  | Grissini Torinesi (BOI)       | 1     | 3     | 6,430 |

### Untypisch

| ID   | Zutat                       | $C_c$ | $C_f$ | PMI    |
|------|-----------------------------|-------|-------|--------|
| 243  | Hähnchenbrustfilet(s) (BOI) | 1     | 2941  | -3,508 |
| 8698 | Magerquark (BOI)            | 1     | 2781  | -3,427 |
| 1580 | Feta-Käse (BOI)             | 1     | 2653  | -3,359 |
| 23   | Frühlingszwiebel(n) (BOI)   | 2     | 5091  | -3,299 |
| 54   | Salatgurke(n) (BOI)         | 1     | 2407  | -3,218 |

## Menüart → Beilage → Klöße

ID: 180, Häufigkeit: 649/168867

### Typisch

| ID    | Zutat                                  | $C_c$ | $C_f$ | PMI   |
|-------|----------------------------------------|-------|-------|-------|
| 12493 | Wellfleisch (BOI)                      | 1     | 1     | 8,023 |
| 10150 | HENGLEIN Seidenknödel (BOI)            | 1     | 1     | 8,023 |
| 14716 | HENGLEIN Kloßteig Seidenknödel (BOI)   | 1     | 1     | 8,023 |
| 10520 | HENGLEIN Kloßteig für rohe Klöße (BOI) | 1     | 1     | 8,023 |
| 14830 | Eiweißbrot (BOI)                       | 1     | 2     | 7,023 |

### Untypisch

| ID   | Zutat            | $C_c$ | $C_f$ | PMI    |
|------|------------------|-------|-------|--------|
| 1618 | Schokolade (BOI) | 1     | 7052  | -4,760 |
| 368  | Nudeln (BOI)     | 1     | 6466  | -4,635 |
| 93   | Sojasauce (BOI)  | 1     | 5388  | -4,372 |
| 245  | Ingwer (BOI)     | 1     | 4659  | -4,162 |
| 1383 | Reis (BOI)       | 1     | 4440  | -4,093 |

## Spezielles → cross-cooking

ID: 124, Häufigkeit: 613/168867

### Typisch

| ID   | Zutat                   | $C_c$ | $C_f$ | PMI   |
|------|-------------------------|-------|-------|-------|
| 2343 | Wasserlinsen (BOI)      | 1     | 1     | 8,106 |
| 8206 | Knöterich (BOI)         | 1     | 1     | 8,106 |
| 9157 | Pizza (BOI)             | 2     | 10    | 5,784 |
| 3078 | Tamarillo(s) (BOI)      | 1     | 6     | 5,521 |
| 837  | Schweinsbratwurst (BOI) | 1     | 8     | 5,106 |

### Untypisch

| ID   | Zutat                 | $C_c$ | $C_f$ | PMI    |
|------|-----------------------|-------|-------|--------|
| 8698 | Magerquark (BOI)      | 1     | 2781  | -3,336 |
| 9880 | Salzwasser (BOI)      | 1     | 2480  | -3,170 |
| 707  | Haferflocken (BOI)    | 1     | 2156  | -2,968 |
| 332  | Kirschtomate(n) (BOI) | 1     | 1635  | -2,569 |
| 8620 | Zitronenschale (BOI)  | 1     | 1634  | -2,568 |

## Zubereitungsarten → Methoden → Mikrowelle

ID: 112, Häufigkeit: 612/168867

### Typisch

| ID    | Zutat                  | $C_c$ | $C_f$ | PMI   |
|-------|------------------------|-------|-------|-------|
| 14950 | Hafercreme (BOI)       | 1     | 1     | 8,108 |
| 9374  | Papadam(s) (BOI)       | 1     | 2     | 7,108 |
| 13847 | Wildreismischung (BOI) | 2     | 6     | 6,523 |
| 14414 | Streusüße (BOI)        | 1     | 3     | 6,523 |
| 14082 | Knödelbrot (BOI)       | 1     | 3     | 6,523 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 162  | Lorbeerblätter (BOI) | 1     | 3093  | -3,487 |
| 986  | Sahnesteif (BOI)     | 1     | 2826  | -3,356 |
| 1554 | Blätterteig (BOI)    | 1     | 2249  | -3,027 |
| 743  | Minze (BOI)          | 1     | 2040  | -2,886 |
| 724  | Sesam (BOI)          | 1     | 1826  | -2,726 |

## Regional → Europa → Großbritannien & Irland

ID: 129, Häufigkeit: 610/168867

### Typisch

| ID    | Zutat                 | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------|-------|-------|-------|
| 11379 | Haggis (BOI)          | 1     | 1     | 8,113 |
| 15438 | Gerstenmehl (BOI)     | 1     | 1     | 8,113 |
| 9520  | Talg (BOI)            | 2     | 3     | 7,528 |
| 14459 | Muscovadozucker (BOI) | 1     | 3     | 6,528 |
| 7668  | Pomeranze(n) (BOI)    | 2     | 7     | 6,306 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 308  | Zucchini (BOI)      | 1     | 6751  | -4,608 |
| 717  | Balsamico (BOI)     | 1     | 4342  | -3,971 |
| 8698 | Magerquark (BOI)    | 1     | 2781  | -3,329 |
| 164  | Crème fraîche (BOI) | 3     | 7265  | -3,129 |
| 6059 | Spaghetti (BOI)     | 1     | 2151  | -2,958 |

## Getränke → Kaffee, Tee & Kakao

ID: 165, Häufigkeit: 596/168867

### Typisch

| ID    | Zutat                                       | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------------------------|-------|-------|-------|
| 15129 | Baileys® Original Irish Cream Liqueur (BOI) | 3     | 3     | 8,146 |
| 15133 | Smirnoff No. 21® Vodka (BOI)                | 1     | 1     | 8,146 |
| 15067 | Tee, grüner (BOI)                           | 4     | 4     | 8,146 |
| 12927 | Gänsefingerkraut (BOI)                      | 1     | 1     | 8,146 |
| 15516 | Johannisbeernektar (BOI)                    | 1     | 1     | 8,146 |

### Untypisch

| ID   | Zutat                  | $C_c$ | $C_f$ | PMI    |
|------|------------------------|-------|-------|--------|
| 29   | Zwiebel(n) (BOI)       | 1     | 47218 | -7,381 |
| 292  | Salz und Pfeffer (BOI) | 2     | 48985 | -6,434 |
| 3393 | Olivenöl (BOI)         | 1     | 23763 | -6,390 |
| 71   | Mehl (BOI)             | 2     | 44933 | -6,309 |
| 406  | Backpulver (BOI)       | 1     | 22319 | -6,300 |

## Getränke→Punsch

ID: 110, Häufigkeit: 549/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 14392 | Früchtetee (BOI)     | 4     | 8     | 7,265 |
| 10600 | Aquavit (BOI)        | 1     | 2     | 7,265 |
| 588   | Orange Juice (BOI)   | 1     | 2     | 7,265 |
| 2017  | Glühweingewürz (BOI) | 24    | 69    | 6,741 |
| 1783  | Glühweinbeutel (BOI) | 3     | 9     | 6,680 |

### Untypisch

| ID   | Zutat                  | $C_c$ | $C_f$ | PMI    |
|------|------------------------|-------|-------|--------|
| 406  | Backpulver (BOI)       | 1     | 22319 | -6,181 |
| 5675 | Knoblauchzehe(n) (BOI) | 1     | 16681 | -5,761 |
| 184  | Öl (BOI)               | 2     | 31779 | -5,691 |
| 71   | Mehl (BOI)             | 3     | 44933 | -5,606 |
| 6    | Salz (BOI)             | 7     | 54569 | -4,664 |

## Regional→Karibik & Exotik

ID: 134, Häufigkeit: 535/168867

### Typisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI   |
|------|--------------------|-------|-------|-------|
| 8565 | Cherimoya(s) (BOI) | 1     | 2     | 7,302 |
| 2874 | Wasserlotus (BOI)  | 1     | 3     | 6,717 |
| 1839 | Maniok (BOI)       | 5     | 17    | 6,537 |
| 5047 | Guave(n) (BOI)     | 2     | 7     | 6,495 |
| 8373 | Chayote(n) (BOI)   | 2     | 7     | 6,495 |

### Untypisch

| ID   | Zutat            | $C_c$ | $C_f$ | PMI    |
|------|------------------|-------|-------|--------|
| 1505 | Kräuter (BOI)    | 1     | 7062  | -4,484 |
| 318  | Parmesan (BOI)   | 1     | 6929  | -4,456 |
| 1094 | Hefe (BOI)       | 1     | 4845  | -3,940 |
| 944  | Walnüsse (BOI)   | 1     | 3315  | -3,393 |
| 134  | Mozzarella (BOI) | 1     | 3163  | -3,325 |

## Menüart→Salat→Pilze

ID: 186, Häufigkeit: 529/168867

### Typisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------|-------|-------|-------|
| 15448 | Pistazienöl (BOI)       | 1     | 1     | 8,318 |
| 10681 | Fasanenbrüste (BOI)     | 1     | 4     | 6,318 |
| 14170 | Weinbergschnecken (BOI) | 1     | 4     | 6,318 |
| 11710 | Chicken Nuggets (BOI)   | 1     | 4     | 6,318 |
| 2323  | Konbu (BOI)             | 1     | 5     | 5,996 |

### Untypisch

| ID  | Zutat             | $C_c$ | $C_f$ | PMI    |
|-----|-------------------|-------|-------|--------|
| 114 | Puderzucker (BOI) | 1     | 12796 | -5,325 |
| 136 | Zimt (BOI)        | 1     | 9610  | -4,912 |
| 183 | Margarine (BOI)   | 1     | 6101  | -4,256 |
| 620 | Fett (BOI)        | 2     | 9509  | -3,897 |
| 71  | Mehl (BOI)        | 10    | 44933 | -3,815 |

## Regional→Amerika→Mexico

ID: 115, Häufigkeit: 493/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 13976 | Risoni (Nudeln in Reisform) (BOI) | 1     | 2     | 7,420 |
| 9340  | Tomatillo(s) (BOI)                | 4     | 10    | 7,098 |
| 13857 | Salsa (BOI)                       | 7     | 20    | 6,906 |
| 10857 | Cajun Rub (BOI)                   | 1     | 3     | 6,835 |
| 14362 | Tortilla(s) (BOI)                 | 96    | 299   | 6,781 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -3,353 |
| 555  | Vanillezucker (BOI)  | 5     | 16645 | -3,281 |
| 175  | Semmelbrösel (BOI)   | 1     | 3283  | -3,261 |
| 183  | Margarine (BOI)      | 2     | 6101  | -3,155 |
| 1885 | Kuvertüre (BOI)      | 1     | 3040  | -3,150 |



## Regional→Europa→Portugal

ID: 189, Häufigkeit: 467/168867

### Typisch

| ID    | Zutat                 | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------|-------|-------|-------|
| 5646  | Rebhühner (BOI)       | 3     | 7     | 7,276 |
| 6378  | Schweineohr(en) (BOI) | 3     | 9     | 6,913 |
| 3810  | Languste(n) (BOI)     | 2     | 8     | 6,498 |
| 11191 | Stockfisch (BOI)      | 2     | 9     | 6,328 |
| 4349  | Stubenküken (BOI)     | 1     | 7     | 5,691 |

### Untypisch

| ID  | Zutat             | $C_c$ | $C_f$ | PMI    |
|-----|-------------------|-------|-------|--------|
| 493 | Quark (BOI)       | 1     | 5847  | -4,015 |
| 169 | Joghurt (BOI)     | 1     | 5688  | -3,975 |
| 99  | Schmand (BOI)     | 1     | 5488  | -3,924 |
| 93  | Sojasauce (BOI)   | 1     | 5388  | -3,897 |
| 133 | saure Sahne (BOI) | 1     | 4304  | -3,573 |

## Zubereitungsarten→Gewürze/Öl/Essig/Pasten

ID: 201, Häufigkeit: 463/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 15031 | Pfefferkörner, bunte (BOI)        | 1     | 1     | 8,511 |
| 14961 | Traubengelee (BOI)                | 1     | 1     | 8,511 |
| 14142 | Kühne Deluxe Chipotle Chili (BOI) | 1     | 1     | 8,511 |
| 15014 | Bananenblatt (BOI)                | 1     | 1     | 8,511 |
| 15359 | Habaneros (BOI)                   | 1     | 1     | 8,511 |

### Untypisch

| ID  | Zutat             | $C_c$ | $C_f$ | PMI    |
|-----|-------------------|-------|-------|--------|
| 71  | Mehl (BOI)        | 1     | 44933 | -6,945 |
| 73  | Milch (BOI)       | 1     | 25947 | -6,153 |
| 70  | Butter (BOI)      | 3     | 46513 | -5,410 |
| 72  | Gemüsebrühe (BOI) | 1     | 13721 | -5,233 |
| 114 | Puderzucker (BOI) | 1     | 12796 | -5,133 |

## Saisonal→Halloween

ID: 116, Häufigkeit: 447/168867

### Typisch

| ID    | Zutat                        | $C_c$ | $C_f$ | PMI   |
|-------|------------------------------|-------|-------|-------|
| 15089 | Pflanzkohle (BOI)            | 1     | 1     | 8,561 |
| 15554 | Schorle (BOI)                | 1     | 1     | 8,561 |
| 3264  | FUCHS Muskatnuß-Würzer (BOI) | 1     | 1     | 8,561 |
| 9658  | Wachtelbrüste (BOI)          | 1     | 2     | 7,561 |
| 15086 | Weizensauerteig (BOI)        | 1     | 2     | 7,561 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 9880 | Salzwasser (BOI)    | 1     | 2480  | -2,715 |
| 498  | Fischfilet(s) (BOI) | 1     | 2170  | -2,522 |
| 6059 | Spaghetti (BOI)     | 1     | 2151  | -2,509 |
| 131  | Brokkoli (BOI)      | 1     | 1941  | -2,361 |
| 552  | Thunfisch (BOI)     | 1     | 1878  | -2,314 |

## Regional→Amerika→Latein Amerika

ID: 100, Häufigkeit: 406/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 111   | Pisco (BOI)          | 4     | 8     | 7,700 |
| 1839  | Maniok (BOI)         | 8     | 17    | 7,613 |
| 14803 | Hamburgersauce (BOI) | 1     | 3     | 7,115 |
| 5882  | Palmenherzen (BOI)   | 3     | 15    | 6,378 |
| 14097 | Kochbanane(n) (BOI)  | 1     | 5     | 6,378 |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 1518 | Puddingpulver (BOI)  | 1     | 4555  | -3,453 |
| 1700 | Haselnüsse (BOI)     | 1     | 4160  | -3,322 |
| 4059 | Vanillinzucker (BOI) | 1     | 3501  | -3,073 |
| 199  | Butterschmalz (BOI)  | 1     | 3409  | -3,035 |
| 308  | Zucchini (BOI)       | 2     | 6751  | -3,021 |

## Zubereitungsarten→Methoden→Römertopf

ID: 174, Häufigkeit: 365/168867

### Typisch

| ID    | Zutat                    | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------|-------|-------|-------|
| 8930  | Ochsenbäckchen (BOI)     | 2     | 5     | 7,532 |
| 14513 | Wildschweinfleisch (BOI) | 1     | 4     | 6,854 |
| 13856 | Schweinerücken (BOI)     | 2     | 9     | 6,684 |
| 10713 | Hühner (BOI)             | 1     | 5     | 6,532 |
| 7690  | Culinesse (BOI)          | 1     | 5     | 6,532 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 406  | Backpulver (BOI)    | 1     | 22319 | -5,592 |
| 114  | Puderzucker (BOI)   | 1     | 12796 | -4,790 |
| 3563 | Eigelb (BOI)        | 1     | 9391  | -4,343 |
| 770  | Kakaopulver (BOI)   | 1     | 6696  | -3,855 |
| 555  | Vanillezucker (BOI) | 3     | 16645 | -3,584 |

## Spezielles→Babynahrung

ID: 43, Häufigkeit: 348/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 13873 | Weizengrieß (BOI)    | 4     | 12    | 7,338 |
| 14426 | Schmelzflocken (BOI) | 2     | 7     | 7,115 |
| 14872 | Pfefferminztee (BOI) | 1     | 4     | 6,923 |
| 14129 | Zwiebäcke (BOI)      | 1     | 5     | 6,601 |
| 14178 | Rollgerste (BOI)     | 1     | 5     | 6,601 |

### Untypisch

| ID  | Zutat                  | $C_c$ | $C_f$ | PMI    |
|-----|------------------------|-------|-------|--------|
| 31  | Champignons (BOI)      | 1     | 8155  | -4,071 |
| 200 | Schlagsahne (BOI)      | 1     | 8030  | -4,049 |
| 318 | Parmesan (BOI)         | 1     | 6929  | -3,836 |
| 114 | Puderzucker (BOI)      | 2     | 12796 | -3,721 |
| 292 | Salz und Pfeffer (BOI) | 8     | 48985 | -3,657 |

## Regional→Afrika→Marokko

ID: 131, Häufigkeit: 346/168867

### Typisch

| ID    | Zutat                     | $C_c$ | $C_f$ | PMI   |
|-------|---------------------------|-------|-------|-------|
| 13171 | Salzzitrone(n) (BOI)      | 3     | 5     | 8,194 |
| 14893 | Harissapaste (BOI)        | 2     | 7     | 7,124 |
| 9292  | Orangenblütenwasser (BOI) | 19    | 68    | 7,091 |
| 13798 | Ras el Hanout (BOI)       | 8     | 40    | 6,609 |
| 14406 | Bockshornkleesamen (BOI)  | 1     | 5     | 6,609 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 200  | Schlagsahne (BOI) | 1     | 8030  | -4,040 |
| 318  | Parmesan (BOI)    | 1     | 6929  | -3,828 |
| 493  | Quark (BOI)       | 1     | 5847  | -3,583 |
| 1957 | Äpfel (BOI)       | 1     | 5764  | -3,562 |
| 882  | Schinken (BOI)    | 1     | 5673  | -3,539 |

## Menüart→Beilage→Hülsenfrüchte

ID: 176, Häufigkeit: 346/168867

### Typisch

| ID    | Zutat                 | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------|-------|-------|-------|
| 15266 | Buchweizenkeime (BOI) | 1     | 1     | 8,931 |
| 14890 | Apfelsüße (BOI)       | 1     | 2     | 7,931 |
| 14136 | Postelein (BOI)       | 1     | 3     | 7,346 |
| 5242  | Asant (BOI)           | 5     | 17    | 7,165 |
| 15422 | Bundmöhren (BOI)      | 1     | 4     | 6,931 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI) | 1     | 16645 | -5,092 |
| 493  | Quark (BOI)         | 1     | 5847  | -3,583 |
| 3562 | Eiweiß (BOI)        | 1     | 4546  | -3,219 |
| 34   | Hackfleisch (BOI)   | 2     | 7501  | -2,942 |
| 406  | Backpulver (BOI)    | 6     | 22319 | -2,930 |

## Regional→Asien→Japanisch

ID: 96, Häufigkeit: 328/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 2323  | Konbu (BOI)          | 5     | 5     | 9,008 |
| 14936 | Tempuramehl (BOI)    | 1     | 1     | 9,008 |
| 14935 | Shisokresse (BOI)    | 1     | 1     | 9,008 |
| 15111 | Surimistäbchen (BOI) | 1     | 1     | 9,008 |
| 14690 | Sobanudeln (BOI)     | 1     | 1     | 9,008 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 136  | Zimt (BOI)        | 1     | 9610  | -4,222 |
| 80   | Tomatenmark (BOI) | 1     | 9131  | -4,149 |
| 163  | Thymian (BOI)     | 1     | 7495  | -3,864 |
| 1505 | Kräuter (BOI)     | 1     | 7062  | -3,778 |
| 1618 | Schokolade (BOI)  | 1     | 7052  | -3,776 |

## Regional→Europa→Ungarn

ID: 127, Häufigkeit: 309/168867

### Typisch

| ID   | Zutat                     | $C_c$ | $C_f$ | PMI   |
|------|---------------------------|-------|-------|-------|
| 686  | Nockerl (BOI)             | 2     | 3     | 8,509 |
| 501  | Bratkartoffelgewürz (BOI) | 1     | 4     | 7,094 |
| 499  | Paprika-Würzpaste (BOI)   | 2     | 16    | 6,094 |
| 1337 | Gulaschgewürz (BOI)       | 1     | 8     | 6,094 |
| 1913 | Grieben (BOI)             | 3     | 29    | 5,821 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 308  | Zucchini (BOI)     | 1     | 6751  | -3,627 |
| 336  | Schnittlauch (BOI) | 1     | 5898  | -3,432 |
| 245  | Ingwer (BOI)       | 1     | 4659  | -3,092 |
| 628  | Gelatine (BOI)     | 1     | 4170  | -2,932 |
| 1700 | Haselnüsse (BOI)   | 1     | 4160  | -2,928 |

## Regional→Europa→Schweden

ID: 151, Häufigkeit: 288/168867

### Typisch

| ID    | Zutat                                    | $C_c$ | $C_f$ | PMI   |
|-------|------------------------------------------|-------|-------|-------|
| 14142 | Kühne Deluxe Chipotle Chili (BOI)        | 1     | 1     | 9,196 |
| 15049 | Butter und Paniermehl für die Form (BOI) | 1     | 1     | 9,196 |
| 10600 | Aquavit (BOI)                            | 1     | 2     | 8,196 |
| 15175 | Pfefferminzöl (BOI)                      | 1     | 2     | 8,196 |
| 11683 | Kaliumnitrat (BOI)                       | 1     | 2     | 8,196 |

### Untypisch

| ID   | Zutat                     | $C_c$ | $C_f$ | PMI    |
|------|---------------------------|-------|-------|--------|
| 368  | Nudeln (BOI)              | 1     | 6466  | -3,463 |
| 8796 | Weißwein (BOI)            | 1     | 5179  | -3,143 |
| 23   | Frühlingszwiebel(n) (BOI) | 1     | 5091  | -3,118 |
| 375  | Paprikaschote(n) (BOI)    | 3     | 14162 | -3,009 |
| 25   | Tomate(n) (BOI)           | 5     | 20185 | -2,783 |

## Regional→Europa→Russland

ID: 191, Häufigkeit: 283/168867

### Typisch

| ID    | Zutat               | $C_c$ | $C_f$ | PMI   |
|-------|---------------------|-------|-------|-------|
| 2338  | Seehasenrogen (BOI) | 1     | 1     | 9,221 |
| 13022 | Soda (BOI)          | 1     | 4     | 7,221 |
| 8849  | Ayran (BOI)         | 1     | 9     | 6,051 |
| 2849  | Lunge (BOI)         | 1     | 13    | 5,520 |
| 873   | Salzgurke(n) (BOI)  | 3     | 46    | 5,282 |

### Untypisch

| ID  | Zutat           | $C_c$ | $C_f$ | PMI    |
|-----|-----------------|-------|-------|--------|
| 93  | Sojasauce (BOI) | 1     | 5388  | -3,175 |
| 457 | Oregano (BOI)   | 1     | 5080  | -3,090 |
| 526 | Wein (BOI)      | 1     | 4773  | -3,000 |
| 245 | Ingwer (BOI)    | 1     | 4659  | -2,965 |
| 916 | Orange(n) (BOI) | 1     | 4156  | -2,800 |

## Spezielles → Wursten

ID: 194, Häufigkeit: 263/168867

### Typisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI   |
|-------|-------------------------|-------|-------|-------|
| 9094  | Kutterhilfsmittel (BOI) | 40    | 40    | 9,327 |
| 15209 | Schweinedarm (BOI)      | 3     | 3     | 9,327 |
| 11501 | Milchzucker (BOI)       | 1     | 1     | 9,327 |
| 14764 | Schafssaitling (BOI)    | 2     | 2     | 9,327 |
| 11695 | Starterkulturen (BOI)   | 6     | 6     | 9,327 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 406  | Backpulver (BOI)   | 1     | 22319 | -5,119 |
| 25   | Tomate(n) (BOI)    | 2     | 20185 | -3,974 |
| 484  | Speisestärke (BOI) | 1     | 6809  | -3,407 |
| 3393 | Olivenöl (BOI)     | 4     | 23763 | -3,210 |
| 169  | Joghurt (BOI)      | 1     | 5688  | -3,147 |

## Zubereitungsarten → Methoden → Fondue

ID: 117, Häufigkeit: 251/168867

### Typisch

| ID    | Zutat               | $C_c$ | $C_f$ | PMI   |
|-------|---------------------|-------|-------|-------|
| 14824 | Grissini (BOI)      | 1     | 3     | 7,809 |
| 14769 | Klößchen (BOI)      | 1     | 4     | 7,394 |
| 9535  | Antipasti (BOI)     | 1     | 4     | 7,394 |
| 14289 | Appenzeller (BOI)   | 1     | 5     | 7,072 |
| 14791 | Filetsteak(s) (BOI) | 1     | 6     | 6,809 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 555  | Vanillezucker (BOI) | 1     | 16645 | -4,629 |
| 318  | Parmesan (BOI)      | 1     | 6929  | -3,364 |
| 114  | Puderzucker (BOI)   | 2     | 12796 | -3,249 |
| 1094 | Hefe (BOI)          | 1     | 4845  | -2,848 |
| 71   | Mehl (BOI)          | 10    | 44933 | -2,740 |

## Regional → Europa → Polen

ID: 93, Häufigkeit: 248/168867

### Typisch

| ID    | Zutat                    | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------|-------|-------|-------|
| 9359  | Tausendgüldenkraut (BOI) | 1     | 3     | 7,826 |
| 10492 | Kamille (BOI)            | 1     | 4     | 7,411 |
| 15257 | Schinkenwurst (BOI)      | 1     | 4     | 7,411 |
| 434   | Exportbier (BOI)         | 1     | 4     | 7,411 |
| 13904 | Bismarckhering(e) (BOI)  | 1     | 4     | 7,411 |

### Untypisch

| ID   | Zutat                     | $C_c$ | $C_f$ | PMI    |
|------|---------------------------|-------|-------|--------|
| 318  | Parmesan (BOI)            | 1     | 6929  | -3,347 |
| 368  | Nudeln (BOI)              | 1     | 6466  | -3,247 |
| 23   | Frühlingszwiebel(n) (BOI) | 1     | 5091  | -2,902 |
| 3393 | Olivenöl (BOI)            | 5     | 23763 | -2,803 |
| 197  | Schalotte(n) (BOI)        | 1     | 4751  | -2,803 |

## Menüart → Hauptspeise → Geflügel → Wildgeflügel

ID: 153, Häufigkeit: 231/168867

### Typisch

| ID    | Zutat               | $C_c$ | $C_f$ | PMI   |
|-------|---------------------|-------|-------|-------|
| 9658  | Wachtelbrüste (BOI) | 2     | 2     | 9,514 |
| 5646  | Rebhühner (BOI)     | 7     | 7     | 9,514 |
| 10681 | Fasanenbrüste (BOI) | 4     | 4     | 9,514 |
| 14100 | Wildente(n) (BOI)   | 1     | 1     | 9,514 |
| 15591 | Putenlebern (BOI)   | 1     | 1     | 9,514 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 1618 | Schokolade (BOI)  | 1     | 7052  | -3,270 |
| 770  | Kakaopulver (BOI) | 1     | 6696  | -3,195 |
| 183  | Margarine (BOI)   | 1     | 6101  | -3,061 |
| 493  | Quark (BOI)       | 1     | 5847  | -3,000 |
| 727  | Frischkäse (BOI)  | 1     | 5272  | -2,850 |

## Regional→Europa→Dänemark

ID: 147, Häufigkeit: 170/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------------------|-------|-------|-------|
| 14142 | Kühne Deluxe Chipotle Chili (BOI) | 1     | 1     | 9,956 |
| 14875 | Mehlmischung (BOI)                | 1     | 6     | 7,371 |
| 14444 | Heringsfilet(s) (BOI)             | 1     | 7     | 7,149 |
| 7668  | Pomeranze(n) (BOI)                | 1     | 7     | 7,149 |
| 14002 | Karamellsirup (BOI)               | 1     | 9     | 6,786 |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 31   | Champignons (BOI) | 1     | 8155  | -3,037 |
| 3393 | Olivenöl (BOI)    | 3     | 23763 | -2,995 |
| 66   | Basilikum (BOI)   | 1     | 7445  | -2,906 |
| 1505 | Kräuter (BOI)     | 1     | 7062  | -2,830 |
| 1292 | Karotte(n) (BOI)  | 1     | 5270  | -2,407 |

## Regional→Australien

ID: 128, Häufigkeit: 144/168867

### Typisch

| ID    | Zutat                 | $C_c$ | $C_f$ | PMI    |
|-------|-----------------------|-------|-------|--------|
| 15532 | Zitronenextrakt (BOI) | 1     | 1     | 10,196 |
| 196   | McCain PomPoms (BOI)  | 1     | 2     | 9,196  |
| 1556  | Strauß (BOI)          | 3     | 15    | 7,874  |
| 15127 | Kaiserschote(n) (BOI) | 1     | 7     | 7,388  |
| 13993 | Hefeextrakt (BOI)     | 1     | 7     | 7,388  |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 308  | Zucchini (BOI)      | 1     | 6751  | -2,525 |
| 35   | Paprikapulver (BOI) | 2     | 12846 | -2,453 |
| 183  | Margarine (BOI)     | 1     | 6101  | -2,379 |
| 1518 | Puddingpulver (BOI) | 1     | 4555  | -1,958 |
| 110  | Lauch (BOI)         | 1     | 4200  | -1,841 |

## Regional→Europa→Niederlande

ID: 130, Häufigkeit: 134/168867

### Typisch

| ID    | Zutat                   | $C_c$ | $C_f$ | PMI    |
|-------|-------------------------|-------|-------|--------|
| 15356 | Karottensalat (BOI)     | 1     | 1     | 10,299 |
| 14006 | Ananaskonfitüre (BOI)   | 1     | 2     | 9,299  |
| 4783  | Breitwegerich (BOI)     | 1     | 4     | 8,299  |
| 13144 | Silberzwiebel(n) (BOI)  | 1     | 10    | 6,978  |
| 14157 | Spekulatiusgewürz (BOI) | 1     | 10    | 6,978  |

### Untypisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 67   | Chilischote(n) (BOI) | 1     | 6185  | -2,295 |
| 99   | Schmand (BOI)        | 1     | 5488  | -2,123 |
| 30   | Knoblauch (BOI)      | 4     | 19118 | -1,923 |
| 3393 | Olivenöl (BOI)       | 5     | 23763 | -1,915 |
| 717  | Balsamico (BOI)      | 1     | 4342  | -1,785 |

## Regional→Afrika→Ägypten

ID: 181, Häufigkeit: 122/168867

### Typisch

| ID    | Zutat                 | $C_c$ | $C_f$ | PMI   |
|-------|-----------------------|-------|-------|-------|
| 14915 | Trockenpflaumen (BOI) | 1     | 7     | 7,627 |
| 14893 | Harissapaste (BOI)    | 1     | 7     | 7,627 |
| 1998  | Okraschoten (BOI)     | 6     | 59    | 7,137 |
| 741   | Rosenwasser (BOI)     | 10    | 216   | 6,002 |
| 1645  | Sesampaste (BOI)      | 7     | 154   | 5,975 |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 36   | Ei(er) (BOI)       | 6     | 49179 | -2,566 |
| 31   | Champignons (BOI)  | 1     | 8155  | -2,559 |
| 776  | Käse (BOI)         | 2     | 15000 | -2,438 |
| 1505 | Kräuter (BOI)      | 1     | 7062  | -2,351 |
| 484  | Speisestärke (BOI) | 1     | 6809  | -2,298 |

## Regional→Europa→Tschechien

ID: 135, Häufigkeit: 117/168867

### Typisch

| ID    | Zutat               | $C_c$ | $C_f$ | PMI   |
|-------|---------------------|-------|-------|-------|
| 15065 | Knackwurst (BOI)    | 1     | 2     | 9,495 |
| 9529  | Zuckercouleur (BOI) | 1     | 22    | 6,036 |
| 1913  | Grieben (BOI)       | 1     | 29    | 5,637 |
| 695   | Pflaumenmus (BOI)   | 8     | 245   | 5,559 |
| 1972  | Karpfen (BOI)       | 2     | 62    | 5,541 |

### Untypisch

| ID   | Zutat                        | $C_c$ | $C_f$ | PMI    |
|------|------------------------------|-------|-------|--------|
| 62   | Honig (BOI)                  | 1     | 7865  | -2,446 |
| 882  | Schinken (BOI)               | 1     | 5673  | -1,975 |
| 8796 | Weißwein (BOI)               | 1     | 5179  | -1,843 |
| 23   | Frühlingszwiebel(n)<br>(BOI) | 1     | 5091  | -1,819 |
| 25   | Tomate(n) (BOI)              | 4     | 20185 | -1,806 |

## Regional→Europa→Finnland

ID: 152, Häufigkeit: 111/168867

### Typisch

| ID    | Zutat                                | $C_c$ | $C_f$ | PMI    |
|-------|--------------------------------------|-------|-------|--------|
| 14142 | Kühne Deluxe Chipotle<br>Chili (BOI) | 1     | 1     | 10,571 |
| 7273  | Rama (BOI)                           | 1     | 1     | 10,571 |
| 7668  | Pomeranze(n) (BOI)                   | 1     | 7     | 7,764  |
| 9348  | Lakritze (BOI)                       | 2     | 17    | 7,484  |
| 2609  | Malz (BOI)                           | 3     | 32    | 7,156  |

### Untypisch

| ID   | Zutat                  | $C_c$ | $C_f$ | PMI    |
|------|------------------------|-------|-------|--------|
| 3393 | Olivenöl (BOI)         | 1     | 23763 | -3,965 |
| 375  | Paprikaschote(n) (BOI) | 1     | 14162 | -3,219 |
| 25   | Tomate(n) (BOI)        | 2     | 20185 | -2,730 |
| 80   | Tomatenmark (BOI)      | 1     | 9131  | -2,585 |
| 31   | Champignons (BOI)      | 1     | 8155  | -2,422 |

## Regional→Europa→Belgien

ID: 172, Häufigkeit: 110/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI   |
|-------|----------------------|-------|-------|-------|
| 10261 | Genever (BOI)        | 1     | 2     | 9,584 |
| 4027  | Navet(s) (BOI)       | 1     | 5     | 8,262 |
| 12661 | Passionsfrucht (BOI) | 1     | 12    | 6,999 |
| 15543 | Spargel, weiß (BOI)  | 1     | 17    | 6,497 |
| 1049  | Makronen (BOI)       | 1     | 18    | 6,414 |

### Untypisch

| ID  | Zutat                  | $C_c$ | $C_f$ | PMI    |
|-----|------------------------|-------|-------|--------|
| 25  | Tomate(n) (BOI)        | 2     | 20185 | -2,717 |
| 375 | Paprikaschote(n) (BOI) | 2     | 14162 | -2,206 |
| 770 | Kakaopulver (BOI)      | 1     | 6696  | -2,125 |
| 368 | Nudeln (BOI)           | 1     | 6466  | -2,074 |
| 30  | Knoblauch (BOI)        | 3     | 19118 | -2,054 |

## Zubereitungsarten→Methoden→Flambieren

ID: 148, Häufigkeit: 101/168867

### Typisch

| ID    | Zutat                  | $C_c$ | $C_f$ | PMI   |
|-------|------------------------|-------|-------|-------|
| 9805  | Zuckerhut (BOI)        | 3     | 10    | 8,970 |
| 14791 | Filetsteak(s) (BOI)    | 1     | 6     | 8,122 |
| 2500  | Armagnac (BOI)         | 2     | 21    | 7,315 |
| 1157  | Aprikosenschnaps (BOI) | 1     | 26    | 6,007 |
| 1792  | Chutney (BOI)          | 1     | 30    | 5,800 |

### Untypisch

| ID   | Zutat         | $C_c$ | $C_f$ | PMI    |
|------|---------------|-------|-------|--------|
| 776  | Käse (BOI)    | 1     | 15000 | -3,165 |
| 798  | Muskat (BOI)  | 1     | 9687  | -2,535 |
| 1505 | Kräuter (BOI) | 1     | 7062  | -2,079 |
| 493  | Quark (BOI)   | 1     | 5847  | -1,806 |
| 99   | Schmand (BOI) | 1     | 5488  | -1,715 |

## Regional→Afrika→Südafrika

ID: 178, Häufigkeit: 99/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI    |
|-------|----------------------|-------|-------|--------|
| 15561 | Ochse (BOI)          | 1     | 1     | 10,736 |
| 15562 | Salzlake (BOI)       | 1     | 1     | 10,736 |
| 1792  | Chutney (BOI)        | 4     | 30    | 7,829  |
| 1556  | Strauß (BOI)         | 1     | 15    | 6,829  |
| 13356 | Miesmuschel(n) (BOI) | 2     | 46    | 6,213  |

### Untypisch

| ID   | Zutat             | $C_c$ | $C_f$ | PMI    |
|------|-------------------|-------|-------|--------|
| 3563 | Eigelb (BOI)      | 1     | 9391  | -2,461 |
| 200  | Schlagsahne (BOI) | 1     | 8030  | -2,235 |
| 1505 | Kräuter (BOI)     | 1     | 7062  | -2,050 |
| 1618 | Schokolade (BOI)  | 1     | 7052  | -2,048 |
| 770  | Kakaopulver (BOI) | 1     | 6696  | -1,973 |

## Zubereitungsarten→Methoden→Blanchieren

ID: 65, Häufigkeit: 96/168867

### Typisch

| ID    | Zutat              | $C_c$ | $C_f$ | PMI    |
|-------|--------------------|-------|-------|--------|
| 15320 | Ackerrettich (BOI) | 1     | 1     | 10,781 |
| 15319 | Ackersenf (BOI)    | 1     | 2     | 9,781  |
| 2339  | Gänsefuß (BOI)     | 1     | 2     | 9,781  |
| 14188 | Kohlröschen (BOI)  | 1     | 4     | 8,781  |
| 9371  | Zichorie(n) (BOI)  | 1     | 5     | 8,459  |

### Untypisch

| ID   | Zutat              | $C_c$ | $C_f$ | PMI    |
|------|--------------------|-------|-------|--------|
| 406  | Backpulver (BOI)   | 1     | 22319 | -3,665 |
| 1618 | Schokolade (BOI)   | 1     | 7052  | -2,003 |
| 484  | Speisestärke (BOI) | 1     | 6809  | -1,953 |
| 71   | Mehl (BOI)         | 7     | 44933 | -1,868 |
| 8796 | Weißwein (BOI)     | 1     | 5179  | -1,558 |

## Spezielles→Ernährungskonzepte→INFORM-Empfehlung

ID: 202, Häufigkeit: 96/168867

### Typisch

| ID    | Zutat             | $C_c$ | $C_f$ | PMI   |
|-------|-------------------|-------|-------|-------|
| 641   | Crevetten (BOI)   | 1     | 48    | 5,196 |
| 10384 | Risotto (BOI)     | 2     | 109   | 5,012 |
| 2129  | Noriblätter (BOI) | 1     | 60    | 4,874 |
| 1827  | Corned Beef (BOI) | 1     | 60    | 4,874 |
| 7401  | Samen (BOI)       | 1     | 61    | 4,850 |

### Untypisch

| ID  | Zutat               | $C_c$ | $C_f$ | PMI    |
|-----|---------------------|-------|-------|--------|
| 100 | Sahne (BOI)         | 1     | 23141 | -3,718 |
| 555 | Vanillezucker (BOI) | 1     | 16645 | -3,242 |
| 36  | Ei(er) (BOI)        | 4     | 49179 | -2,805 |
| 71  | Mehl (BOI)          | 4     | 44933 | -2,675 |
| 620 | Fett (BOI)          | 1     | 9509  | -2,435 |

## Regional→Europa→Norwegen

ID: 171, Häufigkeit: 89/168867

### Typisch

| ID    | Zutat                             | $C_c$ | $C_f$ | PMI    |
|-------|-----------------------------------|-------|-------|--------|
| 14142 | Kühne Deluxe Chipotle Chili (BOI) | 1     | 1     | 10,890 |
| 7273  | Rama (BOI)                        | 1     | 1     | 10,890 |
| 1010  | Kräutersauce (BOI)                | 1     | 5     | 8,568  |
| 14028 | Wildpreiselbeeren (BOI)           | 1     | 7     | 8,082  |
| 11690 | Hafermehl (BOI)                   | 1     | 11    | 7,430  |

### Untypisch

| ID   | Zutat                  | $C_c$ | $C_f$ | PMI    |
|------|------------------------|-------|-------|--------|
| 5675 | Knoblauchzehe(n) (BOI) | 1     | 16681 | -3,136 |
| 34   | Hackfleisch (BOI)      | 1     | 7501  | -1,983 |
| 72   | Gemüsebrühe (BOI)      | 2     | 13721 | -1,854 |
| 368  | Nudeln (BOI)           | 1     | 6466  | -1,769 |
| 35   | Paprikapulver (BOI)    | 2     | 12846 | -1,759 |

## Regional→Asien→Vietnam

ID: 185, Häufigkeit: 85/168867

### Typisch

| ID    | Zutat                    | $C_c$ | $C_f$ | PMI   |
|-------|--------------------------|-------|-------|-------|
| 14745 | Limettenzesten (BOI)     | 1     | 2     | 9,956 |
| 9063  | Reispapier (BOI)         | 9     | 29    | 9,268 |
| 10990 | Erdnusssauce (BOI)       | 1     | 6     | 8,371 |
| 167   | Bataviasalat (BOI)       | 1     | 9     | 7,786 |
| 13972 | Zitronengraspulver (BOI) | 1     | 13    | 7,256 |

### Untypisch

| ID   | Zutat            | $C_c$ | $C_f$ | PMI    |
|------|------------------|-------|-------|--------|
| 70   | Butter (BOI)     | 1     | 46513 | -4,549 |
| 100  | Sahne (BOI)      | 1     | 23141 | -3,542 |
| 406  | Backpulver (BOI) | 1     | 22319 | -3,490 |
| 71   | Mehl (BOI)       | 3     | 44933 | -2,914 |
| 3393 | Olivenöl (BOI)   | 2     | 23763 | -2,580 |

## Regional→Asien→Koreanisch

ID: 195, Häufigkeit: 58/168867

### Typisch

| ID    | Zutat                | $C_c$ | $C_f$ | PMI    |
|-------|----------------------|-------|-------|--------|
| 14378 | Reiskuchen (BOI)     | 2     | 2     | 11,508 |
| 15534 | Frühlingslauch (BOI) | 1     | 1     | 11,508 |
| 15535 | Klebreismehl (BOI)   | 1     | 1     | 11,508 |
| 14876 | Lammleber (BOI)      | 1     | 2     | 10,508 |
| 14212 | Sojapaste (BOI)      | 1     | 2     | 10,508 |

### Untypisch

| ID  | Zutat                  | $C_c$ | $C_f$ | PMI    |
|-----|------------------------|-------|-------|--------|
| 73  | Milch (BOI)            | 1     | 25947 | -3,156 |
| 406 | Backpulver (BOI)       | 1     | 22319 | -2,938 |
| 25  | Tomate(n) (BOI)        | 1     | 20185 | -2,793 |
| 292 | Salz und Pfeffer (BOI) | 3     | 48985 | -2,488 |
| 776 | Käse (BOI)             | 1     | 15000 | -2,365 |

## Regional→Europa→Weißrussland

ID: 144, Häufigkeit: 43/168867

### Typisch

| ID   | Zutat                  | $C_c$ | $C_f$ | PMI   |
|------|------------------------|-------|-------|-------|
| 3897 | Schweineschwarte (BOI) | 1     | 33    | 6,895 |
| 1927 | Ochsenchwanz (BOI)     | 1     | 48    | 6,354 |
| 2493 | Anchovis (BOI)         | 1     | 59    | 6,057 |
| 523  | Bockwurst (BOI)        | 1     | 63    | 5,962 |
| 6192 | Schichtkäse (BOI)      | 1     | 71    | 5,790 |

### Untypisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI    |
|------|---------------------|-------|-------|--------|
| 3393 | Olivenöl (BOI)      | 1     | 23763 | -2,597 |
| 35   | Paprikapulver (BOI) | 1     | 12846 | -1,710 |
| 798  | Muskat (BOI)        | 1     | 9687  | -1,303 |
| 31   | Champignons (BOI)   | 1     | 8155  | -1,054 |
| 1597 | Mandel(n) (BOI)     | 1     | 8099  | -1,044 |

## Regional→Europa→Luxemburg

ID: 167, Häufigkeit: 41/168867

### Typisch

| ID   | Zutat               | $C_c$ | $C_f$ | PMI   |
|------|---------------------|-------|-------|-------|
| 1873 | Innereien (BOI)     | 1     | 21    | 7,616 |
| 6796 | Bouquet garni (BOI) | 2     | 48    | 7,423 |
| 7804 | Muskatblüte (BOI)   | 1     | 85    | 5,599 |
| 7727 | Entenbrüste (BOI)   | 1     | 97    | 5,408 |
| 1910 | Beifuß (BOI)        | 1     | 113   | 5,188 |

### Untypisch

| ID   | Zutat                  | $C_c$ | $C_f$ | PMI    |
|------|------------------------|-------|-------|--------|
| 25   | Tomate(n) (BOI)        | 1     | 20185 | -2,293 |
| 292  | Salz und Pfeffer (BOI) | 3     | 48985 | -1,987 |
| 184  | Öl (BOI)               | 2     | 31779 | -1,948 |
| 72   | Gemüsebrühe (BOI)      | 1     | 13721 | -1,736 |
| 3393 | Olivenöl (BOI)         | 2     | 23763 | -1,528 |



## Zubereitungsarten→Methoden→Molekularküche

ID: 193, Häufigkeit: 39/168867

### Typisch

| ID   | Zutat                | $C_c$ | $C_f$ | PMI    |
|------|----------------------|-------|-------|--------|
| 9247 | Metil (BOI)          | 1     | 1     | 12,080 |
| 7853 | Calazoon (BOI)       | 1     | 1     | 12,080 |
| 7852 | Algizoon (BOI)       | 1     | 1     | 12,080 |
| 8745 | Calcic (BOI)         | 5     | 5     | 12,080 |
| 8485 | Natriumalginat (BOI) | 6     | 6     | 12,080 |

### Untypisch

| ID  | Zutat               | $C_c$ | $C_f$ | PMI    |
|-----|---------------------|-------|-------|--------|
| 71  | Mehl (BOI)          | 1     | 44933 | -3,375 |
| 36  | Ei(er) (BOI)        | 2     | 49179 | -2,506 |
| 555 | Vanillezucker (BOI) | 1     | 16645 | -1,943 |
| 129 | Petersilie (BOI)    | 1     | 16627 | -1,941 |
| 126 | Kartoffel(n) (BOI)  | 1     | 14622 | -1,756 |

## Regional→Europa→Malta

ID: 175, Häufigkeit: 18/168867

### Typisch

| ID    | Zutat                      | $C_c$ | $C_f$ | PMI    |
|-------|----------------------------|-------|-------|--------|
| 14324 | Riesenbohnen (BOI)         | 1     | 7     | 10,388 |
| 10858 | Pita-Brot(e) (BOI)         | 1     | 24    | 8,611  |
| 8160  | Kaninchenkeule(n)<br>(BOI) | 1     | 37    | 7,986  |
| 8773  | Anstellgut (BOI)           | 1     | 60    | 7,289  |
| 272   | Kaninchen (BOI)            | 2     | 181   | 6,696  |

### Untypisch

| ID  | Zutat            | $C_c$ | $C_f$ | PMI    |
|-----|------------------|-------|-------|--------|
| 36  | Ei(er) (BOI)     | 2     | 49179 | -1,390 |
| 406 | Backpulver (BOI) | 1     | 22319 | -1,250 |
| 83  | Zucker (BOI)     | 3     | 57303 | -1,026 |
| 70  | Butter (BOI)     | 3     | 46513 | -0,725 |
| 71  | Mehl (BOI)       | 3     | 44933 | -0,675 |